

Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

August Programme 2026 (updated July 27, 2026)

Activity Grading details are set out at the end of the program

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com

TO JOIN AN ACTIVITY:

It is **essential** to contact (text, phone or email) the Leader at least 48 hours before the activity is scheduled to begin.

TO ATTEND A CLUB MEETING:

Club Meetings are held at 7:30pm on the 1st and 3rd Mondays of each month at the Milson St Community Hub. 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, MW: Morning Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

Yellow Highlighting indicates NSW School Holidays

August Programme

1 August	Sat	DW Explore Belmont Wetlands & Desalination Plant (G2-3/6km/1.5-2hr)	Meet at Railway Parade on the Fernleigh Track at Belmont 8.30am	Anne S 0427905530
2 August	Sun	DW Kuringai Chase Sphinx Memorial (G3/6km/4hrs) Visit the historical Sphinx Memorial at North Turramurra, constructed in 1920 Early train to Hornsby, then train to Turramurra, then a bus. Bring morning tea, Lunch, Water	Travel details: 7.48 from Newcastle 8.03 Cardiff 8.35 Morisset Change at Hornsby for Turramurra 10.05 Turramurra	Malcolm M 0429 641 640
2-3 August	Sun-Mon	BP Yengo NP (G4/15km/2 days) Day 1: Wollombi for early morning tea/visit Finchley Aboriginal Engraving Site/short walk into campsite on Timor Creek/afternoon explore and navigation. practice (optional) Day 2: Off track creek and ridge walk back to the cars. Limited numbers. Map 1:25000 Mount Yengo		Lynne K 0435889233
3 August	Mon	Meeting Night Lisa will give a presentation on preparing to lead a bush walk. Supper Kay		
4 Aug	Tues	DW Congewai (G3/10K/260m) Follow the GNW from Congewai – Barraba track head to a saddle then off track along a beautiful ridge with open forest to a vantage point overlooking Congewai Valley (not 125r) Wilderness views westward. Tall trees, views and orchids. Mostly G3 with short climbs and some rock hopping. Bring morning tea and lunch	Meet 8.30am at GNW track head at Congewai. Some space available to car pool from Quorrobolong.	Graeme P 0476 217 908

8 August	Sat	DW Whitebridge-Dudley Loop (G3/12km/200m) Loop walk from Whitebridge through the southern section of Glenrock SCA/along Dudley Beach/through Awabakal reserve and then back to Whitebridge. Tracks, footpad and beach. Optional afternoon tea at Whitebridge Café afterwards. Bring morning tea and lunch	Meet 9 am at Whitebridge entry to the Fernleigh Track (Station St)	Lynne K 0435889233
9 August	Sun	DW Shortland Wetlands (G2/5km) Spend the morning walking around the wetlands & nursery, mostly on gravel paths. Morning tea/ lunch at cafe. Entry fee \$6 Concession.	1 Wetlands Place Shortland. Meet in car park 9am.	Nell W 0413899710.
12 August	Wed	BR Carrington Circuit ~ 25 km. Carrington along Throsby Creek, through Mayfield and Waratah to the university, return via Brickworks Park, Jesmond, Lambton, and Broadmeadow Cycle paths and quietish roads, a bit up and down through the university.	Start at 10 am from Connolly Park, Fitzroy Street, Carrington.	Philippa H 0402844147
15 August	Sat	DW Bradley's Head to Balmoral via the harbour foreshore tracks. (G2/6-7 km/70m/3-4 hr) Starting at Taronga Zoo this walk offers spectacular views of Sydney Harbour, walking via Bradley's Head, Chowder Bay, Georges Head Lookout, and finishing at Balmoral Beach. Terrain: formed tracks; some stairs. Travel via public transport. If intending to come for the day will need to allow 3 hours to catch public transport each way from Newcastle; For those staying overnight to do Craig's walk Spit to Manly the following day, please contact Lisa if interested in arranging accommodation for the weekend.	Contact Lisa	Lisa L 0438993493
16 August	Sun	DW Sydney Harbour Foreshore – Spit Bridge to Manly (G3/10 km/180 m/4 hours) The claimed best harbourside walk in Sydney. Superb views. Hopefully some wild flowers might be out en-route. Get out your Opal Card. Mid-morning start to enable travel from Newcastle. Bus from Wynyard. Manly Ferry return to Circular Quay. Perhaps make a weekend of it and stay overnight in Sydney? Bring water, snacks and likely lunch or have a late lunch in Manly. Maps: Sydney Heads & Parramatta.		Craig W 0405 615547 text preferred
16-18 August	Sun-Tues	BP Wollemi National Park (G4-5/3 days) Route TBA Mostly off-track exploration around Long Wheeney, Putty and Wollemi Creeks. Opportunity to practise for NavShield (optional) Map 1:25000 Wirraba Limited Numbers		Lynne K 0435889233
17 August	Mon	Meeting Night Supper Nell		
18 August	Tues	DW Tin City (G4/8km/100m)	Meet opposite Fern Bay Coffee Shop at 8.00am	Bob C 0417624091

		A beaut, shortish walk across sand dunes, with middens and a beach walk to this interesting Tin City location.		
22 August	Sat	DW Tomaree to Fingal Bay (return) (G3-4/14km/240m) Initial steep climb of Tomaree Head Summit (160 metres) - potential for this climb to be optional; the rest of the walk is mostly on fire trails, some short steep hills (a further 60-80 metres in elevation) and walking across a sandy beach, returning via cycle-way and fire trail. Distance: 14 kms return or 7 kms one way and return to Shoal Bay via bus.		Lisa L 0438993493
26 August	Wed	BR Broadmeadow to Teralba (36 km return) Ride to Wallsend, over the Tramway to Glendale, over Five Island Bridge to cafe at Teralba. Mostly on cycle paths, suitable for all bikes.	Start at 10 am at McDonald Jones stadium (canal end of car park)	Philippa H 0402844147
28-30 August	Fri-Sun	CC NavShield 2026 (G4-5) Car Camp at Belangalo State Forest, NSW - One-Day event (Sat) Day Walk or - Two-Day Event (Sat-Sun) Backpack Put a team together and have some fun testing/honing your Navigation Skills! For more information follow the link below: https://www.ses.nsw.gov.au/navshield		Lynne K 0435889233
30 August	Sun	DW – Great North Walk, Charlestown to Merewether (G3/8km/183m/3hr)		Kay E 0412561801
		<i>Future Events</i>		
		Supper Roster 7 Sept Barry 21 Sept Lisa L 5 Oct Public Holiday – No Meeting 16 Nov Philippa		
11-13 September	Fri-Sun	Car Camp Mid Mountain Garden Festival plus walks. Camp Euroka Campground Glenbrook. Sorry no campervans steep descent. Walks each day around 6-8 kilometres followed by visiting the 11 gardens open for the Mid Mountain Garden festival a fundraiser for Hazelbrook Public School held every 2 years. A relaxed weekend mixing spring gardens with walking.		Please phone Anna B 0408612674 before booking and for more information.
18-20 September	Fri-Sun	CC Mill Creek Dharug National Park <i>Option of weekend C/C at Mill Creek inside the Park on Friday / Saturday nights as part of the 2 day walks associated with this car camp. The sites <u>must</u> be pre-booked online with NPWS. Cost \$49.20 pp for two nights. Bring all water & firewood. Maps: St Albans, Lower Portland, Gunderman 1:25000</i>		
19 September	Sat	DW – Dharug NP: Devines Hill & Finchs Line Circuit, Wisemans Ferry Area (G3/11 km/5 hours). The classic walk along Wisemans Ferry Road, ascending the still stupendous convict built Devines Hill on the Great North Road. Returning along the		Craig W 0411752195 (text preferred)

		soon abandoned Finchs Line Road. Great views over the Hawkesbury.		
20 September	Sun	DW – Dharug NP: Mill Creek Loop (G 3-4/9 km/4 hours.) A circuit from the Mill Creek Campground climbing up Mill Creek returning along the undulating ridgeline.		Craig W 0411752195 (text preferred)
27 September	Sun	DW – Great North Walk, Sydney to Boronia Park Details TBA		Kay E 0412561801
8-10 October	Wed-Fri	BP. Mt Yengo NP. (G5/10-12 km each day/ mostly off-track). Planning to camp at Mountain Arm Creek and Riley's Paddock. Limited numbers.		Alan T 0419491612
25 October	Sun	DW – Great North Walk Details TBA		Kay 0412561801
Oct-Nov 2026		Nakasendo Way (135km over 9 days. Each day's walking is 10-24km.) Late October/early November 2026, when the autumn leaves will be at their most spectacular. Staying mostly in historic inns and observing the Japanese way of life. The Nakasendo Way starts in Kyoto and ends at Tokyo. Read about it here: https://www.nakasendoway.com/ We will use the following travel company (a number of Ramblers have travelled with before): https://walkjapan.com/tour/nakasendo-way Cost for the walk will be approximately \$6680. Flights will be around \$1300 return. There will ofc be other costs for local transport, some meals, tours of Kyoto and Tokyo, etc. EOI: contact David M at davidmorrisonann@gmail.com . Limited numbers.		David M davidmorrisonann@gmail.com .
8-15 November 2026	Sun - Sun	EOI - Bob' Snowy BP – Namadgi NP and Snowy Plains. (G4/less than 10 km/and only up to 150m climbs) Easy backpack at lower elevation to visit mountain huts in these locations. Leave early and drive to Mt Selwyn to begin the backpack. Walk 4 km to Four Mile Hut to stay for two nights. Day walk via 9 Mile Diggings to Broken Dam Hut. Walk out from Four Mile Hut and drive to Gooandra Track to walk 5km into Gooandra Homestead to stay for one night. Then complete a circuit walk to Witzes Hut for a night, Haines Hut for a night and then return to Gooandra for a night before driving to Cooma ABB. Limited numbers. Maps 1:25000 Tantangara and Denison		Bob C 0417624091
21-29 Nov 2026	Sat-Sun	BP Snowy Mountains Details TBA Limited numbers EOI		Alan T 0419491612
29 November	Sun	DW – Great North Walk, Merewether to Newcastle finish line! Details TBA		Kay 0412561801

27 April to 01 May 2027		BP Tasmania Overland Track – Northern section (G4/51km /4 Days) Private accommodation with all meals supplied. Light weight packs. The Fagus’ leaves should be changing colour around this time of year. (The only native deciduous Australian plant.) Local, knowledgeable guides. Launceston area transport to and from, return to Launceston. 12 people maximum – a private group walk. Cost \$3700. A deposit is required. A 20pp information PDF is available by email from me. EOI in the first instance please.		Craig W 0405 615547 text preferred
16-17 September 2027	Thus- Fri	2027 World Rogaining Championships – Flinders Ranges Site open from Mon 13 Sept – Rawnsley Station Coach travel available from Adelaide Teams of 2-3 people All information available on the following link: https://wrc2027.rogaining.au/bulletin-1/#location In association with this event: Adelaide City 3 Hour Rogaine Sunday 12 September		Information on the link provided

Activity Grading

The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: **Grade 1 (G1)** – On roads or tracks, mostly flat. **Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain. **Grade 3 (G3)** – Mostly on tracks, some hilly sections, rougher terrain. **Grade 4 (G4)** – Steeper, rougher terrain, may be off track. **Grade 5 (G5)** – Mostly off track, difficult terrain. **Grade 6 (G6)** – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time.

Grading is subjective and cannot consider all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

Bookings: are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club’s insurance. Obtain the leader’s permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person’s responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.