

Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Spring Programme 2025 (14 Sept 2025)

Activity Grading details are set out at the end of the program

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com

TO JOIN AN ACTIVITY:

It is **essential** to contact (text, phone or email) the Leader at least 48 hours before the activity is scheduled to begin.

TO ATTEND A CLUB MEETING:

Club Meetings are held at 7:30pm on the 1st and 3rd Mondays of each month at our Uniting Church Hall, 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, MW: Morning Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

Yellow Highlighting indicates NSW School Holidays

Spring Programme

		September		
1 Sept	Mon	Regular Monday Night Meeting Guest Speaker - Mina Bui Jones Bush Heritage Australia will talk about opportunities to volunteer restoring their land to its original state. Supper Bob C		
2-5 Sept	Tues-Fri	Car Camp – Bungonia National Park Drive to Bungonia National Park on Tuesday morning 3 nights at Bungonia Campground. Drive home on Friday Day walks will include the Box Vale walking track near Berrima, a number of options for day walks in Bungonia National Park (including Bungonia Gorge) and a walk near Bundanoon. (Details TBA) You will need to book your own site, once you have confirmed your EOI (N.B. this car camp replaces the Warrumbungles Car Camp - which was cancelled as the campground has been closed for hazard reduction work)		Sue H 0437213221
3 Sept	Wed	B/R Carrington Circuit (25 km): Circuit from Carrington along Throsby Creek, through Mayfield and Waratah to the university, return via Brickworks Park, Jesmond, Lambton, and Broadmeadow ~ Cycle paths and quietish roads, a bit up and down through the university.	Start at 9 am from Connelly Park, Fitzroy Street, Carrington.	Philippa 0402 844 14
6 Sept	Sat	DW Propran NP G3-4/10km/200m/ Visit beautiful Aboriginal Art Cave (bush bash) then tracks to Emerald Pool Map Gunderman 1:25,000	Meet Belmont McD at 8.00 or Big Flower at 8.00am	Bob Clifton 0417624091

7 Sept	Sun	DW Walcha Water Works		
10 Sept	Wed	DW Hunter Botanical Gardens (G1/3 km) Easy walk around gardens M/T at cafe or BYO	Meet at gardens at 10 am	Ingrid 0437 55 3212
10 Sept	Wed	B/R 25 km Jewells to Adamstown and return	Meet Fernleigh Track car park Railway Crescent Jewells at 8:30 am	Sue Holt 0437213221
13 Sept	Sat	DW Jerusalem Creek Falls & Dundungara Falls (G4/6km)	Meet 9am corner Dowling & Brown St Dungog	Malcolm 0429 641 640
14 Sept	Sun	DW Staples Lookout to Girrakool, Brisbane Waters National Park, (G3,4/13kms/697m) One way from Staples lookout to Kariang Brook falls, up to Scopas Peak and down to Piles Creek and then up to Girrakool picnic area. Bring morning tea and lunch. Gosford map. NPWS fees apply if parking at Girrakool.	Meet 8:45 at Big Flower Ourimbah for car shuffle.	Mary McP 0413285961
15 Sept	Mon	Regular Monday Night Meeting Angela L will talk about cruising around the Kimberley area. Supper Kay E		
17 Sept	Wed	BR Leader Required		
20-21 Sept	Sat-Sun	CC Horse Run (G4/11km/100m) A car camp to give us time to explore down into the Horse Run from above. Friday night or early Saturday start. Could be a day walk on Saturday. Not suitable for caravans. High clearance vehicles best. (Doyle's Creek map)		David M 49546164
20 Sept	Sat	DW TBA		
21 Sept	Sun	DW TBA		
24 Sept	Wed	DW Wondebyne to Staples Lookout		Brett
27 Sept	Sat			
28 Sept – 1 Oct	Sun-Wed	Backpack 'The Pondage' - Gardens of Stone (G4-5) Offtrack walk in the Gardens of Stone visiting McLeans Pass, Point Cameron and the Pondage and Blue Rock Pass. Limited Numbers: Priority to those who were on the originally scheduled dates (this is a rescheduled-rescheduled walk!!)		Lynne K 0435889233
28 Sept	Sun	DW Fairview Homestead (G3/12km/150m) - Follow a fire trail into the beautiful Mangrove Valley to visit the historic Upper Mangrove cemetery and the old Fairview Homestead. Mangrove map.		David M 49546164
		October		
1 Oct	Wed	BR Leader Required		
4 Oct	Sat	DW TBA		

5 Oct	Sun	DW TBA		
4-5 October	Sat-Sun	Car Camp Mt Royal Details TBA		
6 Oct		No Regular Meeting – Public Holiday		
8 Oct	Wed	TW CAVES BEACH G2/5km/20m/3 hrs Scenic track/beach walk to enter the Caves at extreme low tide. Then track/beach walk along foreshore & headlands. Bring own picnic dinner to have after the walk.	Meet 5.30 pm Caves Beach Surf Club, end of Mawson Close Caves Beach	Jenny Bourke 0419 249 335
11 Oct	Sat	DW TBA		
12 Oct	Sun	DW TBA		
13-17 Oct	Mon-Fri	CC Red Rock Reflections Caravan Park. A car camp with a difference. Bring your dogs along. I will have 2 border collies (you don't need a dog to participate. Non dog walkers can visit nearby National Park). We will be doing beach walks and walks in the nearby State Forest. You will need to book your own site. Contact me for more details.		Jenni M 0439387426
15 Oct	Wed	B/R Carrington Circuit Ash Island (20 km) Some gravel so unsuitable for road bikes with narrow tyres Bring morning tea to have at completion of ride.	9 am start from the Welcome Walk car park	Philippa 0402 844 147
18 Oct		DW TBA		
19 Oct		DW TBA		
20 Oct	Mon	Regular Meeting Photo Comp entries close Josh van Lier from Newcastle Council Josh will give an update on the Council's Southern Beaches Coastal Management Plan for the high-risk section from Bar to Merewether Beach. Supper by Dale G		
22 Oct	Wed	DW TBA		
23-28 Oct	Thur-Tues	CC Morton National Park and Bundanoon Garden Festival Contact Anna B 0408612674 to book in plus information about camping. Limited numbers. Come for part or all of the trip. Thursday - Mt Annan Botanical Gardens, Mt Gibraltar Bowral (6 km 240 m ascent & descent 2 1/2 hrs) Cecil Hopkins Nature Reserve Moss Vale wetland rich in bird life. Then drive to Camp Bundanoon Friday - Bundanoon Creek & Fairy Bower (5.2 km /340 steep ascent /descent/4 hrs) - Grand Canyon Lookout & Fern Glen (3/4 hr) - Lovers Walk (2.8 km 50m descent/ascent 11/4 hrs) Saturday & Sunday Bundanoon Garden Festival		Anna B 0408612674

		Monday Christmas Creek Glen (12 km steep descent/ascent 460m/6 hrs) Tuesday Fitzroy Falls 4 km 1 1/2 hrs		
25 Oct	Sat	DW Mountaineer		Malcolm 0429 641640
26 Oct	Sun	DW TBA		
29 Oct	Wed	BR Leader required		
31 Oct -7 Nov	Fri-Sun	BP Vic High Country. G5/70km/5000m/5 days. 5-day hike with 4 additional travel days required. Visit High Country Huts (including Craigs, King, Cobbler and Vallejo Gantner), walk some sections of the AAWT and other areas of the Vic High Country around the Howqua River. Limited Numbers. Fully Booked (Waiting List only)		Sue H 0437213221
Oct TBA		DW Waverly Cemetery Train to Bondi Junction and then bus to visit Waverly Cemetery near Clovelly. Return similarly. Walk short distance to and from the bus stop – and then wander around the cemetery. Bring lunch, drinks and snacks. Probable coffee en route as time permits.	Meet at Cardiff Station 7:10 am Arrive back at Cardiff at 17:34 pm	Oct TBA
		November		
1 Nov		First Aid Training with Kylie		
3 Nov	Mon	Regular Meeting Walks Planning Supper Barry W		
5 Nov	Wed	DW TBA		
8 Nov	Sat	First Aid training 9am - 3 pm Charlestown Uniting Church (the same place as we have our meetings) Cost \$25 Bring M/T and lunch Contact Malcolm 0429 641 640 ASAP to book your spot.		Malcolm 0429 641 640
9 Nov	Sun	DW TBA		
9-16 Nov	Sun-Sun	BP Easy Week in the Snowy Mountains Easy backpacks and day walks – itinerary to be decided EOI please		Bob C 0417624091
12 Nov	Wed	BR – Leader required		
22-30 Nov	Sat - Sun	BP Jagungal Wilderness. (G5/ /) Route will depend on any National Park closures at the time, but the intention is to include climbing Mt. Jagungal and a fair amount of off-track walking. Limited numbers. EOI to Alan Thomas		Alan Thomas 0419491612
Future Events				
TBA		Visit to Westpac Rescue Base		
March 13-15 2026		2026 Blue Mountains Music Festival – It's not too early to start planning for this event by putting accommodation reservations in place – follow details on the BMMF website		Bob Clifton 0417624091

		- please advise me of your interest – daywalks and music in the mountains		
May 2026	Thursday to Saturday	EOI - Return to the Daintree for Rainforest Rescue Community Planting Day and touring the Wet Tropics and Cooktown	May 2026	Bob C 0417624091
July 2026		BP Jatbula Trail. EOI (G4/ 62 km/5 days 4 nights) Nitmiluk Gorge to Leliyn (Edith Falls). Camp restricted to 15 people. Option to stay the night at Leliyn camp ground.		Nell Watson 0413899710
Oct-Nov 2026		Nakasendo Way (135km over 9 days. Each day's walking is 10-24km.) Late October/early November 2026, when the autumn leaves will be at their most spectacular. Staying mostly in historic inns and observing the Japanese way of life. The Nakasendo Way starts in Kyoto and ends at Tokyo. Read about it here: https://www.nakasendoway.com/ We will use the following travel company (a number of Ramblers have travelled with before): https://walkjapan.com/tour/nakasendo-way Cost for the walk will be approximately \$6680. Flights will be around \$1300 return. There will ofc be other costs for local transport, some meals, tours of Kyoto and Tokyo, etc. EOI: contact David M at davidmorrisonann@gmail.com . Limited numbers.		David M at davidmorrisonann@gmail.com .
26-30 April 2027		BP: Tasmania Overland Track – Northern section (G4/ 51km /4 Days) Private accommodation with all meals supplied. Light weight packs. The Fagus' leaves should be changing colour around this time of year. (The only native deciduous Australian plant.) Local, knowledgeable guides. Launceston area transport to and from, return to Launceston. 12 people maximum – a private group walk. Cost \$3700. A deposit is required. A 20pp information PDF is available by email from me. EOI in the first instance please.		Craig W 0405 615547 text preferred

Activity Grading

The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: **Grade 1 (G1)** – On roads or tracks, mostly flat. **Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain. **Grade 3 (G3)** – Mostly on tracks, some hilly sections, rougher terrain. **Grade 4 (G4)** – Steeper, rougher terrain, may be off track. **Grade 5 (G5)** – Mostly off track, difficult terrain. **Grade 6 (G6)** – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time.

Grading is subjective and cannot consider all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

Bookings: are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's

insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.