# **Newcastle Ramblers Bushwalking Club**

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

# Summer-Autumn Programme 2025 (14 February 2025)

Activity Grading details are set out at the end of the program

#### TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com

#### TO JOIN AN ACTIVITY:

It is **essential** to contact (text, phone or email) the Leader at least 48 hours before the activity is scheduled to begin.

#### TO ATTEND A CLUB MEETING:

Club Meetings are held at 7:30pm on the 1st and 3<sup>rd</sup> Mondays of each month at our Uniting Church Hall, 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, MW: Morning Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

## **Yellow Highlighting indicates NSW School Holidays**

Summer-Autumn Programme					
		February			
1 Feb	Sat	T/W - CAVES BEACH - Explore beach & caves at low tide.	5.30pm		
		Bring picnic dinner & head torch. Possible wet feet.	Caves	Jenny Bourke	
		Meet 5.30 pm Caves Beach Surf Club, end of Mawson	Beach Surf	Text 0419 249	
		Close, Caves Beach.	Club	335	
		G1/2km/2 hrs.			
2 Feb	Sun	MW - Munibung Hill 2 (G3/8km/170m)		David M	
		Meet at Lakelands Community Centre, Ambleside Circuit.		49546164	
		Walk through the streets to the easterly spur up to the top			
		of Munibung. This is a fairly steep climb, but once up on			
		the top it is fairly easy going. Walk down to the southern			
		end and down to the lake. Walk back to Warners Bay			
		around the lake. Lovely views. May be a few mossies in			
		places. This will take about 2-2.5 hours. (Save 1km by			
		staying on Thompson Street instead of going down to the			
2-1		lakeside.)			
3 Feb	Mon	Regular Meeting			
		Walks Planning (March -May)			
E E. I.	\A / I	Supper Kay E		D. MA	
5 Feb	Wed	MW Mt Sugarloaf (G4/5km/70m)		David M	
		Start from the picnic area below Sugarloaf, and walk down		4954 6164	
		the main road to a track leading off left. Follow that track			
		around to the northern spur of Sugarloaf and climb up to the lookout. Continue around the western side of the peak			
		and return via the southern side with an optional 2k side			
		trip. Optional climb 50m to top of Sugarloaf. Could be			
		mossies. Early start. (Wallsend map)			
7-10 Feh	Fri -			Ingrid Malcolm	
, TO LED		, , ,		•	
7-10 Feb	Fri - Mon	CC Nundle Blackberry Picking and Looking around Contact Ingrid for details		Ingrid Malcolm 0429 641 640	

8-13 Feb	Sat -	Backpack Main Range Kosi (Grade 5/50 km/2300m		Lynne Walker
3 13 1 65	Thur	elevation gain while walking - similar in descents)		0435889233
	mai	6 days, including travelling to and from Thredbo.		0 133003233
		4 nights out on the Main Range in Kosciuszko National		
		Park. Walking and camping above the tree-line.		
		Map: Perisher 1:25000		
		Limited Numbers.		
8 Feb	Sat	MW Green Point (G2/8.6km/80m)	7am at the	David M
			end of	4954 6164
			Dilkera	
			Street	
			Valentine.	
9 Feb	Sun	Day Walk TBA		
10 -13	Mon-	C/C Barrington Tops – G3/G4 /up to 10km/ 100m		Jenni
Feb 2024	Thur	We will find a nice spot to camp and explore the Tops –		0439387426.
		Details to be worked out – will be good	_	
12 Feb	Wed	B/R Magenta – Long Jetty – Chittaway Bay return along	8 am start from car	Philippa
		Tuggerah Lake.	park at the	0402 844 147
		Mostly on cycle way, very flat, 32 km return 8am start	end of	
		8am start	Magenta	
			Drive,	
			Magenta	
45.5			Shores	
15 Feb	Sat	MW Tingira Knob (G4/7km/100m)		David Morrison
		A wander through the bushland of Eleebana to visit Tingira		4954 6164
		Knob and Tingira Heights Nature Reserve. Early start. (Wallsend and Swansea maps)		
16 Feb	Sun	MW Swansea: Pirrita Island - Lakeside (G1/7km/0m) -		David M
10160	Juli	Meet at carpark in Channel Street Swansea, near Forbes		49546164
		Street. Follow the channel towards the lake, then the new		45540104
		Pirrita Island boardwalk. Then along the lakeside before		
		returning to the cars for a short drive to breakfast or coffee		
		at Blacksmiths. Optional swim afterwards at Belmont baths		
		and perhaps more coffee and/or lunch nearby.		
17 Feb	Mon	Regular Meeting		
		Presentation – Europe 2024 - Ingrid		
		Supper Malcolm		
18 Feb	Tues	MW Bather's Way loop (G2/8km/150m)		David Morrison
		Start from Dixon Park carpark and walk along the coast to		4954 6164
		Nobby's Beach, then return via the Obelisk, Nesca Park and		
		Empire Park. Early start. (Newcastle map)		
19 Feb	Wed	B/R Morpeth and Duckenfield Loop, 20-25 km, all on road,	Note	Philippa
		meet at Queens Wharf Morpeth at 8.00am - quieter	changed	0402 844 147
		country lanes. 8 am start unchanged.	arrangeme	
22 Feb	Sat	D/W TBA	nts	
23 Feb	Sun	Breakfast Walk - Caves Beach - going south on coastal	Meet	
23160	Juli	walk - 6 or 7 kms return to cars. (2xheadland hills)	7.30am at:	Therese McC -
		Breakfast after: either at Caves Beach or Swansea	Caves	0439567115 -
		Contact Therese by text preferable to book in - so can book	Beach Surf	text preferable
		a table for breakfast after.	Club car	
			park -	
			closest to	
			surf club	
			end.	

23-Feb –		Back Pack 3 Capes Walk, Tasmania		David M
3 Mar		This is a three-night backpack staying in cabins with		49546164
		cooking equipment provided. The intention is to spend a		
		day in Hobart before the walk to collect any necessaries,		
		and a couple of days afterwards to have a look around		
		Hobart. Full details of the track here:		
		https://www.threecapestrack.com.au		
		Unfortunately this trip is fully booked		
26 Feb	Wed	D/W – TBA		Leader required
		,		'
		Manah		
		March		
1 March	Sat	DW TBA		
2 March	Sun	DW TBA		
3 March	Mon	Regular Meeting – Presentation – Munibung Hill Conservation Society by Stuart Carter		
		Supper by Ingrid W		
5 March	Wed	DW Gwandalan to Nords Wharf and return. (Grade 3/4,	Meet at	Please call/text
		approximately 10km)	8am,	Tracy:
		Some hilly sections. Bring morning tea and lunch.	Gwandalan Lions Park at	0414843024.
			the end of	
			Koowong Rd	
6 March	Th	TW Booragul	itto wong ita	Margaret C
		Picnic Tea.		0412194194
12 March	Wed	BR Salamander to Fingal Bay 30km	Bob Cook	Philippa
12 11101011	***************************************	Mostly on cycleway – but a short distance on dirt/sand	Reserve	0402 844 147
		surface and some road riding	4 Cook St	0102011117
		Surface and some road name	Salamander	
			Bay 9 am	
13 - 16	Thur-	<b>2025 Blue Mountains Music Festival</b> – It's not too early to		Bob Clifton
March	Sun	start planning for this event by putting accommodation		0417624091
		reservations in place – please advise me of your interest –		
15 March	Sat	DW TBA		
16 March	Sun	DW TBA		
17 March	Mon	Regular Meeting		
		Supper Margaret C		
19 March	Wed	DW Wybung Trig Lookout Track- out and return. Grade	Meet 8am,	Please call/text
		3/4, hilly sections, 9 kms.	Frazer Beach	Tracy:
		Bring morning tea/lunch.	car park,	0414843024
			Frazer Beach	
			Rd.	
22 March	Sat	DW TBA		
23 March	Sun	DW TBA		Landau December 1
26 March	Wed	BR TBA		Leader Required
27 March	Th	TW Highlights of Hamilton part 2		Margaret C
		Dinner at Kent		0412194194
20.14	C-+	DIA/ TD A		
29 March	Sat	DW TBA		Vata 5
30 March	Sun	DW Brooklyn to Dead Horse Bay G3		Kate R
		Bring morning tea lunch swimmers		0439374323
		April		
2 April	Wed	DW Tanilba Bay to Lemon Tree Passage (Grade 3-4)	Meet at 8:30	Please call/text
		Mostly flat with some rocky sections.	am, Sunset	Tracy:
			park at the	0414843024
			end of	

		Car shuffle required.	Caswell	
		Bring morning tea and lunch.	Crescent,	
			Tanilba Bay.	
4 April	Fri	TW Swansea Little Pelican		Margaret C
		Dinner at Club		0412194194
5 April	Sat	DW TBA		
6 April	Sun	DW TBA		
7 April	Mon	Regular Meeting		
		Supper Jenni M		
0.4	20/1	DD D Libility Mail Alling 201 a	10	DI-TI
9 April	Wed	BR Bulahdelah – Markwell Loop, 30 km This ride includes unsealed road unsuitable for road bikes	10 am at Wade Park,	Philippa 0402 844 147
		with smooth or narrow tyres. Late morning tea or lunch in	Crawford	0402 844 147
		cafe on return to Bulahdelah.	Street,	
			Bulahdelah.	
12 April	Sat	DW TBA		
13 April	Sun	DW Rocky Crossing	meet 7.30	Kate R
			at Hexham	0439374323
9 April	Wed	DW The Coastal Walking Track from Blue Lagoon Beach to		Ring Jenni for
ЭДріп	Wed	Forrester Beach and return. (G3/10.5km/316m)		more details.
		8.30am start. Bring morning tea and lunch. Option to stay		0439387426
		at Blue Lagoon Resort Caravan Park.		
16 April		DW Werakata National Park. (Grade 4, approx. 13km)	Meet at	Please call/text
		Loop walk including out and return to Mt Tomalpin.	8:30am,	Tracy:
		Bring morning tea and lunch.	George	0424843024
			Jeffery Park,	
			Caledonia Street,	
			Kearsley.	
19 April	Sat	DW TBA	,	
20 April	Sun	DW TBA		
21 April	Mon	Regular Meeting		
		No Meeting		
23 April	Wed	BR Broadmeadow to Booragul 42 km return.	9 am at	Philippa
		Ride to Wallsend, over the Tramway to Glendale, over Five	McDonald	0402 844 147
		Island Bridge to Lake Macquarie Art Gallery for coffee.	Jones	
		Mostly on cycleway, suitable for all bikes	stadium	
			(canal end of car park)	
25 April	Fri	ANZAC Day	park)	
, i		·		
26 April	Sat	DW TBA		
			<u> </u>	

27 April	Sun	DW TBA		
30 April	Wed	DW Glenrock circuit walk. (Grade 3/4, 8kms) Merewether Beach, Bailey's Track, Yuelarbah track to Burwood Beach, retuning to Merewether. Some hilly sections. Bring morning tea.	Meet at 8:30, Merewether SLSC.	Please call/text Tracy: 0414843024
		May		
2 – 6 May 2025		C/C - Hill End Village Camping Ground Sites will need to be booked – contact Kate to confirm dates and discuss There are powered and non-powered sites. There is a dump point next to the amenities block I would not recommend a site near that. There is a accommodation in the Hill End Village but not cheap. Hosies is the cheapest if you have 7 people (5 double 2 king single) would be \$95 a night per head.		Kate R 0439374323 text if interested some are going Friday the 2nd
3 May	Sat	DW TBA		
4 May	Sun	DW TBA		
5 May	Mon	Regular Meeting Supper Jenni B		
7 May	Wed	BR Budgewoi to The Entrance North return, 35 km Mostly on new cycleway through Wyrrabalong National Park. Includes Norah Head coffee detour Suitable for all bikes but some short steep sections.	9 am start at Slade Park Budgewoi	Philippa 0402 844 147
10 May	Sat	DW TBA		
11 May	Sun	DW TBA		
14 May	Sat	DW Tin City details TBC		Tracy 0414843024.
14 - 19 May		EOI for Community Planting Day in the Daintree with Rainforest Rescue. A week of walks and activities checking out some tourist attractions in FNQ from Cairns. Participate with Rainforest Rescue (Google Rainforest Rescue for information) in a community planting day in the Daintree on 17 May 2025. Limited numbers. Fly up and back and hire a car in Cairns.  Bookings will need to be made soon		Bob Clifton 0417624091
17 May	Sat	DW TBA		
18 May	Sun	DW TBA		
19 May	Mon	Regular Meeting Supper Angela L		

21 May	Wed	DW Mt Sugarloaf circuit walk details TBC		Tracy 0414843024.	
24 May	Sat	DW Summerland Point to Gwandalan (G2/10km./20m/5hr) Track walk, easement trails and some street walking along foreshore reserve to Gwandalan and return. Map: Catherine Hill Bay	Summerand Point Reserve. Off Cams Blvd, opposite shops, Boat Ramp Rd Summerland Point	Jenny Bourke 0419249335	
25 May	Sun	DW TBA			
27 May	Tues	DW Shortland Wetlands Entry \$9:30 (\$6:00 concession) Bring morning tea or buy at café Lunch in the café is an option afterward – Numbers needed to book café.	Car Park 9 am	Nell W 0413899710	
28 May	Wed	BR Hawks Nest – Mungo Brush return, 42 km All on quiet flattish road. BRING MORNING TEA. Suitable for all bikes. Picnic or café lunch after returning to Hawks Nest.	9 am start at Pelican Park/Moira Parade Reserve, Hawks Nest.	Philippa 0402 844 147	
Future Events					
15-20 June		CC - Royal NP, Bonnie Vale Campground - 5 Nights camping, day walks, possible paddling and cycling. You will need to book your own site. Google Bonnie Vale Campground for more details on facilities.		Contact Jenni 0439387426.	

### **Activity Grading**

The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: **Grade 1 (G1)** – On roads or tracks, mostly flat. **Grade 2 (G2)** – Mostly on tracks, low gradient, relatively flat terrain. **Grade 3 (G3)** – Mostly on tracks, some hilly sections, rougher terrain. **Grade 4 (G4)** – Steeper, rougher terrain, may be off track. **Grade 5 (G5)** – Mostly off track, difficult terrain. **Grade 6 (G6)** – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time.

Grading is subjective and cannot consider all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

**Bookings:** are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.