

# Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

[www.newcastleramblers.org.au](http://www.newcastleramblers.org.au)

## Activity Program for 2023 (updated 4 September)

### TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at [ramblerswalksofficer@gmail.com](mailto:ramblerswalksofficer@gmail.com) or call Alan on 0419491612

### TO JOIN AN ACTIVITY:

Contact(text, phone or email) the Leader at least 24 hours before the activity is scheduled to begin.

### TO ATTEND A CLUB MEETING:

Club Meetings are held 7:30pm on the 1st and 3<sup>rd</sup> Mondays of each month at our Meeting Hall, 24 Milson St, Charlestown.

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

22 Aug	Tues	<b>DW. Barraba Spur.</b> G3-4/11 km/450m/ 5 hours Follow the GNW from Congewai Valley to Barraba Campsite. Includes an additional side trip (off track) along a beautiful ridge to a fantastic lookout over the Congewai Valley. Map: 1:25000 Quorrobolong)	Meet at Edgeworth MacDonalDs at 8:30 am	Lynne W 0435889233
22-24 Aug	Tues- Thur	<b>BP. Widden Valley - G4/30km/250m –.</b> Tues start and walk up Widden Brook (7km) to a nice camping spot in this beautiful valley, for two nights. Daywalk on Wed and walk out on Thurs. Would suit beginners. Map: 1:25,000 Mount Pomany		Bob C. 0417624091
23 Aug	Wed	<b>BR. Cooranbong to Brightwaters &amp; return including ride around Avondale College, 32km.</b> Most off road on shared paths. Small section of quite roads thru Dora Creek. No big hills. Lunch in Barden Park on shore of Lake Macquarie. Bring snacks & lunch. Afternoon tea / coffee in a café on return to Cooranbong. Similar to the ride of 26 July, but adding Sandy Creek, Girls Loop, Boys Loop around Avondale, and Cooranbong Community garden.	Meet 10am for a 10.15am departure in Babers Rd., Cooranbong (park opposite the cemetery adjoining St Patricks Church). <b>Note later start</b>	Alan S. 0408 657912
26-27 Aug	Sat- Sun	<b>BP. Yengo National Park: Frying Pan Rock and Burragurra</b> (G5/23 km/900m/2 days)Ridge to the Boree track. Visit Frying Pan Rock, Burragurra and a couple of other Aboriginal sites. Camp in an overhang. Return to the Mogo Camp along another ridge. Maps: Kulnura, Murrays Run		Lynne W 0435889233

		<i>Limited numbers.</i>		
26 Aug	Sat	<b>DW. Werakata Conservation Area Exploratory</b> G3/20m/10km Track walking.	Corner of Leggett's drive and Edward St Pelaw Main (South from Kurri and near Hunter Economic Zone)	Arthur R 0408 943 282
27 Aug	Sun			
1-3 Sept	Fri-Sun	<b>CC. Mill Creek Campground</b> (Dharug NP). Fri afternoon to Sunday. <b>DW Sat: Mill Creek Circuit</b> plus explore an Aboriginal engraving site (G3-4/12 km/600m/approx 6 hours ) On Sun there are two options: Lynne will follow the old Nth Rd for several km and return (G3/8 km/280m/approx 3 hours) or for those who want to stay another night, David M is planning a <b>full DW</b> – an exploratory walk to find a cave.	Sites need to be booked	Lynne W 0435889233
2 Sept	Sat	<b>BR. Fosterton Loop 21 km (3 km gravel)</b> , quiet country roads, small hills, picnic lunch in park at end of ride (or in Dungog café if riders prefer)	Start at Frank Robinson Park, Stroud Hill Road, <b>Dungog</b> at 10 am,	Philippa H. 0402844147
3 Sept	Sun	<b>DW Mugogamarra Nature Reserve – Wildflower walk.</b> Entry \$15/ Concession \$10. + \$5 Parking.	Need to book ASAP as entries filling fast. Cars from Belmont or Big Flower.	Angela L. 0438016162
4 Sept	Mon	<b>Regular Meeting - Guest Speaker – “Richmond Rail Trail”</b> <i>Supper- Philippa and John</i>		
6 Sept	Wed	<b>BR. Redhead to Caves Beach return</b> , ~ 40 km, mostly bike path or quiet streets but briefly on highway shoulder at Belmont, mostly flat, suitable for all bike types.	9 am start from Liles Oval car park, Cowlshaw Street, Redhead	Philippa H. 0402844147
6 Sept	Wed	<b>DW. Woy Woy to Killcare G3 13km 4hrs</b> From Woy Woy railway station walk along Brisbane Waters shore- line then climb up Backwall Mt for morning tea at the lookout. From there walk over the Rip Bridge, check out Daley's Aboriginal rock art site. Great views from Allen Strom lookout. Bring morning tea and lunch.	Train Newcastle Interchange 6.20am change at Wyong. Second last carriage upper level.	Frank Text 0402456459 or <a href="mailto:frank.kupina@live.com.au">frank.kupina@live.com.au</a>
9 Sept	Sat	<b>DW. Wondabyne Station – Pindar Cave 11.5 km return, 4-5 hours, 490 metres ascent/descent, G4;</b>	Carriage 6 of 6.53 am train from Newcastle Interchange, change at Woy Woy	Philippa H. 0402844147
10 Sept	Sun	<b>DW. Rhondda Ramble (G4/7km/190m).</b> A bit of a wander in the open bush behind Teralba. Some tracks but a fair bit of open cross-country. Should be plenty of wildflowers and some mining history. (Wallsend map)	Meet Cnr Pitt and Bowline Sts, Teralba at 8am.	David M 49546164
12- 15 Sept	Tues-Fri	<b>CC Wollomi NP, Ganguddy camping area, Dunn's Swamp on Cudgegong River. G2-3.</b>	Contact Roz for details	Roz K. 0407 643 844.

		Scenic sandstone pagodas on the eroded western edge of the Sydney Basin, spectacular spring wildflowers. Walk, kayak, fish, bird watch, relax. BBQs. Bring firewood and drinking water. Map: Olinda. You need to book your camp site with NPWS.		
16 Sept	Sat			
17 Sept	Sun	<b>DW – Mount Alum (Bulahdelah Mountain) (G4/200m/3hrs).</b> Drive to Bulahdelah and climb Mount Alum, all on track – easy walk but steep climb to see historic alumite mining sites and artifacts. Beautiful views, great rock formations and flora. Picnic in park below mountain on return.	Hexham Mc Donalds 8:00am.	Alan T. 0419491612
18 Sept	Mon	<b>Regular Meeting Walks Planning for next 3 months.</b> Supper Barry W.		
19 Sept	Tues	<b>DW. GNW Yuelarbah Track-head to Teralba Station (G3/15.7 km/150m/4-5 hours walking)</b> Car shuffle to leave a car at Adamstown Station. Walk from Glenrock car park to Teralba Station. Catch the train back to the car.	Meet at Adamstown Train Station at 8:30 am for the car shuffle. Opportunity for coffee stop at Warners Bay and Teralba.	Lynne W 0435889233
20 Sept	Wed	<b>BR. Magenta – Long Jetty – Chittaway Bay</b> return along Tuggerah Lake, ~ 32 km. Mostly on cycle way, very flat.	9 am start from Magenta Shores golf club car park.	Philippa H. 0402844147
23 Sept	Sat			
24 Sept	Sun			
30 Sept	Sat	<b>DW Sculpture on the Farm G1/1km/20m</b> Park on farm at Fosterton or free bus from Dungog. \$5 entry, book on-line. <a href="http://www.sculptureonthefarm.com">www.sculptureonthefarm.com</a>		Ingrid W 0427 553212
1 Oct	Sun	<b>Daylight Saving begins. Twilight Walks Commence.</b>		
2 Oct	Mon	<b>No Meeting – Long Weekend</b>		
30 Sept- 3 Oct	Sat-Tues	<b>CC Coolah Tops NP – 3 nights at The Barracks Campground. G2-G4 walks,</b> exploring. Bring bikes if you want to. Need to book sites as soon as possible as long weekend in school holidays – only 4 sites left.		Angela B. 0429655780
3-7 Oct	Tues-Sat	<b>CC Warrabah NP.</b> This national park is north of Manilla on the Namoi River. Camp 4 nights at the Warrabah campground – 2WD accessible. G2-G5 DWs, explore this park which is new to most of us, trips to see nearby attractions. Water based activities fishing, canoes, pack rafts. Will be leaving here and going to Mt Kaputar NP.		Angela B. 0429655780

5– 15 Oct	Thur-Sun	<b>BP.Three Capes walk and Bruny island</b> in Tasmania. It is FULL but will take names for a wait list.		Therese Mc. 0439567115 email Mccartht@me.com
7 Oct	Sat			
8 Oct	Sun			
8-12 Oct	Sun-Thur	<b>CC &amp; DW- Mt Kaputar National Park G3-G4</b> - Expressions of interest sought for a week of day walks in Mt Kaputar National Park. Walking options including Yulladinida Lookout, Euglah Rock, The Governor, Scutts Hut & Kurrawonga Falls. Variety of accommodation options including cabins and sites for tents and camper trailers.		Contact Peter G. 0484 896 221.
14 Oct	Sat			
15 Oct	Sun			
16 Oct	Mon	<b>Regular Meeting</b> - Amanda Hyde from Local Land Services speaking about Hunter Wetlands Restoration Project and nearby swamps. <b>ENTRIES FOR PHOTO COMP CLOSE</b> Supper Bob C.		
17 Oct	Tues	<b>DW.Blacksmiths beach to Galgabba Point.12 km/G2/3-3.5 hours</b> Swansea 1:25000	Meet at Blacksmiths Beach Carpark at 8:30 am	Lynne W 0435889233
17 Oct	Tues	<b>TW Blackbutt Reserve. G2/5 km/100m/1 1/2 hr</b> Track walk through reserve. Optional Dinner at nearby Blackbutt Hotel	Meet 5.30 pm outside Richley Reserve entrance in Mahoghany Drive New Lambton.	Jenny 0419 249 335
21 Oct	Sat			
25-29 Oct	Sun			
	Wed-Sun	<b>CC. Southern Highland walks and Bundanoon Garden Ramble weekend.</b> Base camp Gambells Rest Campground - Morton National Park Bundanoon. <b>Wed</b> afternoon walk Box Vale Walking Tracks 7.2 km 2 hours return Mittagong <b>Thurs-</b> Fitzroy Falls East and West Rim trails 11 km 5 hours. <b>Fri-</b> Bungonia National Park Red Track Slot Canyon Track 5 hours return steep up and down 3.8 km <b>Saturday and Sunday</b> many short walks around campsite Morton National Park plus Bundanoon Garden Ramble - 8 beautiful country and village gardens \$25 plus possible visit to Red Cow Farm Garden 7480 Illawarra Hwy Sutton Forest \$10-\$15	Book sites immediately tent/van small caravan sites \$69.70 4 nights covered kitchen area and HOT SHOWERS Come and go as you please Leave Newcastle Wednesday 830am meet Mittagong for cafe/picnic lunch.	Anna B 0408612674
28 Oct	Sat			
29 Oct	Sun			

31 Oct	Tues	<b>DW. Awabakal/Fernleigh track loop</b> <b>10 km/G2/3-3.5 hours</b> Wallsend and Swansea 1:25000	Meet at the Redhead Bakehouse in Cowlishaw St Redhead at 8:30 am	Lynne W 0435889233
4 Nov	Sat			
5 Nov	Sun			
6 Nov	Mon	<b>Regular Meeting – Boot Fitting. Kate R.</b> Supper Jenni M.		
11 Nov	Sat			
13 – 17 Nov	Mon-Fri	<b>CC Oxley Wild Rivers National Park</b> – East Kunderang Homestead – Expressions of interest sought for a week of activities in Oxley Wild Rivers National Park based out of East Kunderang Homestead. Maximum of 14 people. Activities include swimming and canoeing on the Macleay River, Halls Peak walk, Chandler River Gorge and day walks to historical sites and features.		Contact Peter G. 0484 896 221
12 Nov	Sun			
14 Nov	Tues	<b>DW. Stockton Loop</b> 11 km/G2/3.5-4 hours Wallsend 1:25000	Meet at the Stockton Bridge Boat Ramp and 8:30 am	Lynne W 0435889233
12-19 Nov	Sat-Sun	<b>BP. Easy Snowy Backpack – Seven Days – Snakey Plain and Wheelers Hut, Pretty Plain –Kosciusko NP – G4/5/10km/d / upto150m/day.</b> Drive via Tumut and short walk to Millers Hut on Sunday night. Drive to Snakey Plain FT to walk to Wheelers Hut for one night, then Pretty Plain for two nights and back to Wheelers Hut– Dates to be finalized – Expressions of Interest – limited numbers.		Bob C. 0417624091
18 Nov	Sat			
19 Nov	Sun			
20 Nov	Mon	<b>Regular Meeting</b> <b>Annual Photographic Competition</b> <b>See all the entries and winners presented.</b> Supper Alan T.		David Morrison 0427738059
25 Nov- 3 Dec	Sat-Sun	<b>BP. Kosciusko NP – Jagungal Wilderness.</b> G5. Wheelers, Pretty Plain, Derschos, Tarn Bluff, Cesjacks, Mt. Jagungal. Limit 8		Alan T. 0419491612
25 Nov	Sat			
26 Nov	Sun			
2 Dec	Sat			
3 Dec	Sun			
4 Dec	Mon	<b>Regular Meeting</b> <b>Xmas Supper after Meeting.</b> <b>All bring a plate to share.</b>		
7-12 Dec	Thur-Tues	<b>BP. Snowy Mountains (Rolling Grounds and Main Range.</b> (G5/40 km/ 1240m /4 days walking & 2 days travelling). Island Bend- Guthega-Rolling Grounds-Twynam saddle -Blue Lake- Charlotte Pass. Mainly off-track, route may change. <i>Limited numbers.</i>		Lynne W 0435889233

9 Dec	Sat	<b>Picnic/Xmas Party.</b>	TBA	
10 Dec	Sun			
13 Dec	Wed	<b>DW.Catherine Hill Bay to Fraser Park beach circuit G3/11km/5hrs.</b> A pleasant coast walk, all on track. Bring morning tea and lunch.	Meet 8.30am at the surf club car park.	Frank Text 0402456459 or <a href="mailto:frank.kupina@live.com.au">frank.kupina@live.com.au</a>
16 Dec	Sat			
17 Dec	Sun			
18 Dec		<b>NO MEETING</b>		
30 Dec	Sat			
31 Dec	Sun			
1 Jan	Mon	<b>New Year's Day – NO MEETING</b>		
4-8 Jan	Thur-Mon	<b>Sailing Adventure. SE Tasmania.</b> Lady Nelson square-rigged tall ship. Hobart to Triabunna (bus return to Hobart). Daily short walks, possible - Port Arthur, Tasman Peninsula, Fortescue Bay, Marion Bay, Maria Island. 5 days/4nights sleep aboard, all meals. 10 berths available. \$1250 per person.	This trip will depart Hobart for Triabunna on the East Coast (the gateway to Maria Island).  Transport from Triabunna to Hobart at trips end will be by regular bus service	<a href="https://www.ladynelson.org.au/">https://www.ladynelson.org.au/</a> Col McCluskey 0418 473014 <a href="mailto:coliflower@westnet.com.au">coliflower@westnet.com.au</a>
6 Jan	Sat			
7 Jan	Sun			
13 Jan	Sat			
14 Jan	Sun			
16 Jan	Mon	<b>Regular Meeting.</b> Supper – Philippa & John		
Feb 5	Mon	<b>Regular Meeting</b> Supper Dale G.		
11-14 Feb	Sun-Wed	<b>BP. Tasmania. Three Capes Walk.</b> Port Arthur to Denman's Cove Boat 11:30, 11 Feb 2024 Track Walk and Hut Accommodation 11, 12 and 13 Feb Fortescue Bay to Port Arthur Shuttle 16:00, 14 Feb Adult \$495. Concession \$396. Bookings to be made individually on Tassi Parks Website <i>I would be interested to hear from anyone who can recommend accommodation around Port Arthur</i>		Bob B. 0403272266
10-21 Feb	Sat-Tues	<b>Three Capes Walk and East Coast Tasmania- Join Bob Barber on his Three Capes Walk and later walks to Cockle Creek, Mt Field and other locations – Fly, stay in cabins, car hire involved – numbers limited</b>	TBA	Bob C. 0417624091

## Notes to Program

Grading: The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: Grade 1 (G1) – On roads or tracks, mostly flat. Grade 2 (G2) – Mostly on tracks, low gradient, relatively flat terrain. Grade 3 (G3) – Mostly on tracks, some hilly sections, rougher terrain. Grade 4 (G4) – Steeper, rougher terrain, may be off track. Grade 5 (G5) – Mostly off track, difficult terrain. Grade 6 (G6) – Strenuous off track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time. **Grading is subjective and cannot take into account all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.**

Bookings: are required for all activities unless otherwise specified. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.