

Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Activity Program for 2023 (updated 31 July)

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER at ramblerswalksofficer@gmail.com or call Alan on 0419491612

TO JOIN AN ACTIVITY:

Contact(text, phone or email) the Leader at least 24 hours before the activity is scheduled to begin.

TO ATTEND A CLUB MEETING:

Club Meetings are held 7:30pm on the 1st and 3rd Mondays of each month at our Meeting Hall, 24 Milson St, Charlestown.

DW: Day Walk, **TW:** Twilight Walk, **BF:** Breakfast Walk, **BP:** Backpack **BR:** Bike Ride **CC:** Car Camp **PA:** Paddle

1 July	Sat	Navigation Refresher for Navshield Attendees - Spend a few hours refreshing skills marking up a map, determining the best route, and actually following a route. Wallsend map <i>Will be finished by lunchtime.</i>	Meet 8am Cnr Pitt and Bowline Sts, Teralba.	Lois S 4959 5863
2 July	Sun	DW. Abbots Falls (G5/5km/3hrs) This is my favorite Watagans Creek walk. It is technically a G5 but is not a hard walk. Scenery is beautiful with shaded moss filled glens and waterfalls. Access is much easier than most Watagans creek walks.	Meet at 8:00am at Edgeworth MacDonaldis. Bring morning tea, should be back at cars by 1:30pm.	Alan T 0419491612
3 July	Mon	Regular Meeting – Short Presentations from several members on how to plan and run an activity followed by an Activities Walks Planning session. Supper- Ingrid W		
4 July	Tues	DW. The Basin to Mt Warrawolong, Watagan NP G4/12km/300m. One of the best sections of the GNW - rainforests, creek gullies, open woodland.		Bob C. 0417624091
5 July	Wed	BR. Duckenfield Loop , 25 km, almost completely flat, quiet rural roads suitable for all bikes, finishing with morning coffee at a Morpeth café	Start at 9 am at Queens Wharf Park Morpeth,	Philippa H. 0402844147
8 July	Sat	DW. Mt.Royal - G5 /6km /1184m /5hr Mt Royal is located about one hours drive north of Singleton. This is a stunning walk and a Ramblers favourite, offering superb views of the Hunter Valley. Note that there is a steep climb and some rock scrambling. The walk requires a good level of fitness and is not suitable for people who are uncomfortable with heights(exposed scrambling). Wear protective clothing against stinging nettle, and gloves.	Meet 8.00am at Singleton Visitor Centre car park for a car share. The road going to Mt Royal has been repaired and is suitable for 2 wheel drive vehicles. Because the NP has been closed , there is a lot of regrowth making the walk challenging and more time consuming. Bring morning	Frank Text 0402456459 or frank.kupina@ive.com.au

			tea and lunch. The walk will finish around 2.00pm	
9 July	Sun			
11 July	Tues	DW. Brunkerville. G3-4/8km/500m/5hrs Part of GNW heading east towards Teralba from Brunkerville. All on fire-trail except 100m bush bash. Some long steep sections. Bring morning tea and lunch.	Start walking 8.30am from Brunkerville petrol station	Jenni M 0439387426
12 July	Wed	BR. Congewai Valley. 24kms gravel .- great scenery 9am start at the end of the tar before the bridge. There's a gravel area where you can park. Mostly flat with one moderate hill and a creek crossing (optional) to get the full distance. <i>Not suitable for road bikes .</i>	9am start at the end of the tar, before the bridge in Congewai valley out from Paxton. Bring am tea	Sue L. 0427537339
15-16 July	Sat/ Sun	CC. Navigation Shield Location Goulburn River NP, using map & compass to find checkpoints. Come along & learn from experienced members.		Angela B. 0429 655 780
15 July	Sat			
17 July	Mon	Regular Meeting. Presentation on the recent Rail Trail Trip- Dawn M. Supper – David M.		
18 July	Tues	DW. Glenrock Circuit. G3/10km/100m. 3-4 hrs. Via Scout camp and Flaggy Creek. Track walk. Possibly Whales.	8:30am. Merewether Beach Car Park, Watkins St.	Alan T. 0419491612
19 July	Wed	BR. Bulahdelah – Markwell Loop, 30 km, The ride includes unsealed road unsuitable for road bikes. Late morning tea or lunch in cafe on return to Bulahdelah. Note later start.	Start at 10 am at Wade Park, Crawford Street, Bulahdelah.	Philippa H. 0402844147
20 July	Thur	DW. Awaba to Wangi Rail Trail. G2/3/10km/20m. Scenic historical Awaba walk along the old coal line to Wangi Power Station.	Meet 10am at the end of Olney St. adjacent the Tennis Courts and Oval.	Greg H. 0421404078
21-24 July	Fri- Mon	BP-Mt Werrikimbe G4/26km/500m – Walk out to Mt Werrikimbe from Racecourse Swamp via the Werrikimbe Trail to Big Hill Creek then Mt Werrikimbe Trail. Return via Upper Hastings River to Cobcrofts Rest Area. Likely to involve some off-track walking. Numbers limited		Peter G. 0484 896 221.
21-24 July	Fri- Mon	CC at Mooraback to support Peter with his Mount Werrikimbe BP. i.e. drop hikers off at start of track and pick up when he finishes. There are a couple of good DWs that attendees can do.	Please let me know if you are interested by Friday 7 th so Pamella can plan.	Pamela 0429 600 121 pamela.jaffa@gmail.com
22 July	Sat			

23 July	Sun	DW. Summerland Point to Gwandalan return. G2-3/10 km/20 m/4 hrs. Track walk along foreshore through reserves, easements & some streets. Fairly flat walking & lake views. Map: Catherine Hill Bay	Meet 8.30 am car park boat ramp in park opposite the shops, Cams Boulevard, Summerland Pt.	Jenny B. 0419 249 335
25 July	Tues	DW. Brunkerville to Heaton Lookout. G3/10km/5-6 hrs/500m climb. Climb to Heaton Lookout (great views) Follow the GNW for a little bit into the creek system and then use Barnier's Rd to return to Heaton Lookout G3 (all on footpad or track) Distance - approx 10 km Elevation gain - approx 500 m	Meet at Edgeworth MacDonalDs at 8:30 am. Drive to Brunkerville.	Lynne W 0435889233
29 July	Sat	DW The Mountaineer trail G4/8km/600m Walk on steep fire trail to a hut & return	Meet 8am Dungog	Malcolm M 0429 641 640
30 July	Sun	DW. Sandy Creek Loop. G4-5/12km/430m Offtrack loop walk from Finchley Campground to Sandy Creek to find the end of the Old Timor Creek Trail.		Lynne W 0435889233
2 Aug	Wed	BR. Cooranbong to Brightwaters & return, 28km. Most off road on shared paths. Small section of quite roads thru Dora Creek. No big hills. Lunch in Barden Park on shore of Lake Macquarie. Bring snacks & lunch. Afternoon tea / coffee in a café on return to Cooranbong.	Meet 10am for a 10.15am departure in Babers Rd., Cooranbong (park opposite the cemetery adjoining St Patricks Church). Note later start.	Helen 0401 883 013
4-6 Aug	Fri-Sun	BP- Pantoney's Crown, Gardens of Stone NP G5/18km/900m – Pantoney's Crown via Baal Bone Gap and Crown Creek. Returning via Baal Bone Point. Involves some exposed scrambling and rope assist/pack hauls. Numbers limited.		Contact Peter G. 0484 896 221
5 Aug	Sat			
6 Aug	Sun	DW. Paramatta History Walk. G2	Train to Sydney/Paramatta. Ex Newcastle Interchange 6:53am.	Angela L 0438016162
7 Aug	Mon	Regular Meeting. Presentation by Brad (experienced bushwalker and paramedic). Supper: Arthur R.		
9 Aug	Wed	BR. Ash Island. approx. 25 km, 21/2 hrs. Mostly quiet, flat gravel roads & tracks, not suitable for road-only bikes. This loop ride includes some historical buildings, wetlands, a restored rainforest and follows the edge of the Hunter River. Bring water and lunch for afterwards.	Note 10 am start. Meet at the parking area at the end of The Lane, located on the left 4km into the island - off Milham Road.	Dale Graham - 0428399083
11-14 Aug	Fri-Mon	CC. Bundeena. Bonnie Vale Campground (Royal National Park) Located on the	Sites must be booked by individuals (People can	Lynne W 0435889233

		waterfront near Bundeena (approx 3 hrs drive from Newcastle. Easy day walks (One to Aboriginal engraving site and a small section of the coastal walk)	choose to stay for more or less nights as it suits - check in time 10am using access code through locked gate and check out time 2 pm).).Cost: Powered site \$41 per night; Unpowered sites \$34 per night (we have already booked site 62)	
12 Aug	Sat	DW Elrington Railtrail & Swampy Creek trail , Werakata National Park - G3/10km/100m See Hebburn No 2 coal mine and Kearsley wetlands. Pleasant walk with no big hills		Arthur R. 0408943282
13 Aug	Sun			
19 Aug	Sat			
20 Aug	Sun	DW. Jiliby SCA (G4/450m/10k/3-4hrs). A delightful ridge walk, dropping down spur for a bit of exploration. Some offtrack, steepish ascents and descents in state conservation area near Mandalong. Opportunity to practice navigation. This is roughly the route my team took on 2017 Lake Mac Rogaine. Map: Dooralong	8:30 am Mandalong Rd, about 2 km from M1 , where Deaves Rd goes off to right.	Alan T. 0419491612
21 Aug	Mon	Regular Meeting. Presentation by Greg "Bushrangers at Large" Supper: Jenny B.		
22 Aug	Tues	DW. Barraba Spur. G3-4/11 km/450m/ 5 hours Follow the GNW from Congewai Valley to Barraba Campsite. Includes an additional side trip (off track) along a beautiful ridge to a fantastic lookout over the Congewai Valley. Map: 1:25000 Quorrobolong)	Meet at Edgeworth MacDonalds at 8:30 am	Lynne W 0435889233
22-24 Aug	Tues-Thur	BP. Widden Valley - G4/30km/250m –. Tues start and walk up Widden Brook (7km) to a nice camping spot in this beautiful valley, for two nights. Daywalk on Wed and walk out on Thurs. Would suit beginners. Map: 1:25,000 Mount Pomany		Bob C. 0417624091
26-27 Aug	Sat-Sun	BP. Yengo National Park: Frying Pan Rock and Burragurra (G5/23 km/900m/2 days) CC Fri evening at Mogo Ck. Ridge to the Boree track. Visit Frying Pan Rock, Burragurra and a couple of other Aboriginal sites. Camp in an overhang.		Lynne W 0435889233

		Return to the Mogo Camp along another ridge. Maps: Mt Yengo & Wollombi. <i>Limited numbers.</i>		
26 Aug	Sat			
27 Aug	Sun			
1-3 Sept	Fri-Sun	CC. Mill Creek Campground (Dharug NP). Fri afternoon to Sunday. DWs: Sat: Mill Creek Circuit plus explore an Aboriginal engraving site (G3-4/12 km/600m/approx 6 hours) Sun: Follow the Old Nth Rd for several km and return (G3/8 km/280m/approx 3 hours)	Sites need to be booked	Lynne W 0435889233
2 Sept	Sat	BR. Fosterton Loop 21 km (3 km gravel) , quiet country roads, small hills, picnic lunch in park at end of ride (or in Dungog café if riders prefer)	Start at Frank Robinson Park, Stroud Hill Road, Dungog at 10 am,	Philippa H. 0402844147
3 Sept	Sun	DW Mugogamarra Nature Reserve – Wildflower walk. Entry \$15/ Concession \$10. + \$5 Parking.	Need to book ASAP as entries filling fast. Cars from Belmont or Big Flower.	Angela L. 0438016162
4 Sept	Mon	Regular Meeting - Guest Speaker – “Richmond Rail Trail” <i>Supper- Philippa and John</i>		
5 Sept	Tues	DW. GNW Yuelarbah Track-head to Teralba Station (G3/15.7 km/150m/4-5 hours walking) Car shuffle to leave a car at Adamstown Station. Walk from Glenrock car park to Teralba Station. Catch the train back to the car.	Meet at Adamstown Train Station at 8:30 am for the car shuffle. Opportunity for coffee stop at Warners Bay and Teralba.	Lynne W 0435889233
6 Sept	Wed	BR. Redhead to Caves Beach return , ~ 40 km, mostly bike path or quiet streets but briefly on highway shoulder at Belmont, mostly flat, suitable for all bike types.	9 am start from Liles Oval car park, Cowlshaw Street, Redhead	Philippa H. 0402844147
6 Sept	Wed	DW. 26 August Sat Woy Woy to Killcare G3 13km 4hrs From Woy Woy railway station walk along Brisbane Waters shore- line then climb up Backwall Mt for morning tea at the lookout. From there walk over the Rip Bridge, check out Daley's Aboriginal rock art site. Great views from Allen Strom lookout. Bring morning tea and lunch.	Train Newcastle Interchange 6.53am arrive Wyong 7.50am change to 8.05am train arrive Woy Woy 8.38am. Second last carriage upper level.	Frank Text 0402456459 or frank.kupina@live.com.au
9 Sept	Sat	DW. Wondabyne Station – Pindar Cave 11.5 km return, 4-5 hours, 490 metres ascent/descent, G4;	Carriage 6 of 6.53 am train from Newcastle Interchange, change at Woy Woy	Philippa H. 0402844147
10 Sept	Sun	DW. Rhondda Ramble (G4/7km/190m). A bit of a wander in the open bush behind Teralba. Some tracks but a fair bit of open cross-country. Should be plenty of	Meet Cnr Pitt and Bowline Sts, Teralba at 8am.	David M 49546164

		wildflowers and some mining history. (Wallsend map)		
12- 15 Sept	Tues-Fri	CC Wollomi NP, Ganguddy camping area, Dunn's Swamp on Cudgegong River. G2-3. Scenic sandstone pagodas on the eroded western edge of the Sydney Basin, spectacular spring wildflowers. Walk, kayak, fish, bird watch, relax. BBQs. Bring firewood and drinking water. Map: Olinda. You need to book your camp site with NPWS.	Contact Roz for details	Roz K. 0407 643 844.
16 Sept	Sat			
17 Sept	Sun	DW Berowra to Cowan. G4/6hrs/13km/884m. One of the best sections of the GNW. Track down to Berowra Waters for great views and delightful bushland. All on track.	6:53 train from Newcastle Interchange arrives Berowra 9:08. Return 16:41 from Cowan arrives NI at 19:02.	Alan T. 0419491612
18 Sept	Mon	Regular Meeting Walks Planning for next 3 months.		
20 Sept	Wed	BR. Magenta – Long Jetty – Chittaway Bay return along Tuggerah Lake, ~ 32 km. Mostly on cycle way, very flat.	9 am start from Magenta Shores golf club car park.	Philippa H. 0402844147
23 Sept	Sat			
24 Sept	Sun			
30 Sept	Sat	DW Sculpture on the Farm G1/1km/20m Park on farm at Fosterton or free bus from Dungog. \$5 entry, book on-line. www.sculptureonthefarm.com		Ingrid W 0427 553212
1 Oct	Sun	Daylight Saving begins. Twilight Walks Commence.		
2 Oct	Mon	No Meeting – Long Weekend		
30 Sept- 3 Oct	Sat-Tues	CC Coolah Tops NP – 3 nights at The Barracks Campground. G2-G4 walks, exploring. Bring bikes if you want to. Need to book sites as soon as possible as long weekend in school holidays – only 4 sites left.		Angela B. 0429655780
3-7 Oct	Tues-Sat	CC Warrabah NP. This national park is north of Manilla on the Namoi River. Camp 4 nights at the Warrabah campground – 2WD accessible. G2-G5 DWs, explore this park which is new to most of us, trips to see nearby attractions. Water based activities fishing, canoes, pack rafts. Will be leaving here and going to Mt Kaputar NP.		Angela B. 0429655780
7 Oct	Sat			
8 Oct	Sun			
8-12 Oct	Sun-Thur	CC & DW- Mt Kaputar National Park G3-G4 - Expressions of interest sought for a week of day walks in Mt Kaputar National Park. Walking options including Yulladinida Lookout, Euglah Rock, The Governor, Scutts		Contact Peter G. 0484 896 221.

		Hut & Kurrawonga Falls. Variety of accommodation options including cabins and sites for tents and camper trailers.	
14 Oct	Sat		
15 Oct	Sun		
16 Oct	Mon	Regular Meeting ENTRIES FOR PHOTO COMP CLOSE	
21 Oct	Sat		
22 Oct	Sun		
28 Oct	Sat		
29 Oct	Sun		
4 Nov	Sat		
5 Nov	Sun		
6 Nov	Mon	Regular Meeting	
11 Nov	Sat		
12 Nov	Sun		
18 Nov	Sat		
19 Nov	Sun		
20 Nov	Mon	Regular Meeting Annual Photographic Competition See all the entries and winners presented.	David Morrison 0427738059
25 Nov	Sat		
26 Nov	Sun		
2 Dec	Sat		
3 Dec	Sun		
4 Dec	Mon	Regular Meeting Xmas Supper after Meeting. All bring a plate to share.	
9 Dec	Sat		
10 Dec	Sun		
16 Dec	Sat		
17 Dec	Sun		
18 Dec		NO MEETING	
		FUTURE ACTIVITIES AND EXPRESSIONS OF INTEREST	
12-19 Nov 2023		BP. Easy Snowy Backpack – Seven Days – Snakey Plain and Wheelers Hut, Pretty Plain –Kosciusko NP – G4/5/10km/d / upto150m/day. Drive via Tumut and short walk to Millers Hut on Sunday night. Drive to Snakey Plain FT to walk to Wheelers Hut for one night, then Pretty Plain for two nights and back to Wheelers Hut– Dates to be finalized – Expressions of Interest – limited numbers.	Bob C. 0417624091
Mid Nov	Mon-Fri	CC Oxley Wild Rivers National Park – East Kunderang Homestead – Expressions of interest sought for a week of activities in Oxley Wild Rivers National Park based out of East Kunderang Homestead. Maximum of 14 people. Activities include swimming	Contact Peter G. 0484 896 221

		and canoeing on the Macleay River, Halls Peak walk, Chandler River Gorge and day walks to historical sites and features.		
25 Nov- 3 Dec		BP. Kosciusko NP – Jagungal Wilderness. G5. Wheelers, Pretty Plain, Derschos, Tarn Bluff, Cesjacks, Mt. Jagungal. Limit 8		Alan T. 0419491612
7-12 Dec		BP. Snowy Mountains (Rolling Grounds and Main Range). (G5-6/40 km/ 1240m /4 days walking & 2 days travelling). Island Bend- Guthega-Rolling Grounds-Twynam saddle -Blue Lake- Charlotte Pass. Mainly off-track. <i>Limited numbers.</i>		Lynne W 0435889233
4-8 Jan	Thur-Mon	EOI. Sailing Adventure. SE Tasmania. Lady Nelson square-rigged tall ship. Hobart to Triabunna (bus return to Hobart). Daily short walks, possible - Port Arthur, Tasman Peninsula, Fortescue Bay, Marion Bay, Maria Island. 5 days/4nights sleep aboard, all meals. 10 berths available. \$1250 per person.	This trip will depart Hobart for Triabunna on the East Coast (the gateway to Maria Island). Transport from Triabunna to Hobart at trips end will be by regular bus service	https://www.ladynelson.org.au/ Col McCluskey 0418 473014 coliflower@westnet.com.au
11-14 Feb		BP. Tasmania. Three Capes Walk. Port Arthur to Denman’s Cove Boat 11:30, 11 Feb 2024 Track Walk and Hut Accommodation 11, 12 and 13 Feb Fortescue Bay to Port Arthur Shuttle 16:00, 14 Feb Adult \$495. Concession \$396. Bookings to be made individually on Tassi Parks Website <i>I would be interested to hear from anyone who can recommend accommodation around Port Arthur</i>		Bob B. 0403272266
10-21 Feb		Three Capes Walk and East Coast Tasmania- Join Bob Barber on his Three Capes Walk and later walks to Cockle Creek, Mt Field and other locations – Fly, stay in cabins, car hire involved – numbers limited	TBA	Bob C. 0417624091

Notes to Program

Grading: The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: Grade 1 (G1) – On roads or tracks, mostly flat. Grade 2 (G2) – Mostly on tracks, low gradient, relatively flat terrain. Grade 3 (G3) – Mostly on tracks, some hilly sections, rougher terrain. Grade 4 (G4) – Steeper, rougher terrain, may be off track. Grade 5 (G5) – Mostly off track, difficult terrain. Grade 6 (G6) – Strenuous off track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time. **Grading is subjective and cannot take into account all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.**

Bookings: are required for all activities unless otherwise specified. Meeting place and time is decided at the meeting before each activity. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.