



Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Regular Monthly Meetings are held at the Uniting Church Hall 24 Milson St. Charlestown

Ramblers 2023 Activity Program (Updated 22 May 2023)

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER AT ramblerswalksofficer@gmail.com or call Alan on 0419491612

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

W/E = Weekend

Anyone wanting to join an activity must contact(text, phone or email) the Leader at least 24 hours before the activity is scheduled to begin.

1 May	Mon	Regular Meeting. Presentation : "A Summary of the Ramblers Strategic Review Workshop". Alan Thomas Supper- Bob C.
5-8 May	Fri- Mon	PA-Tallowa Dam 3 nights Assemble at Kangaroo Valley before launching at Tallowa Dam wall for 8km paddle to Bundanoon Creek camp. Day 2 paddle 20 km to Fossickers Flat. Day 3 explore Fossickers Flat area before a final 13 km paddle back to Tallowa Dam wall. Scenic flat- water paddle through parts of the spectacular Shoalhaven and Bundanoon Creek gorges. Catbirds, rainforest pockets, cliffs and great camp sites.
6 May	Sat	
7 May	Sun	DW. Box Head. G4/8km/300m/4hrs Starting from Pretty Beach, walk out to Box head and descend to rocks, then follow rock platforms around to Tallow beach. Return via Flannel Flower track. Great views across Brisbane Water and Broken Bay. Some rock hopping. <i>Note that the descent from Box head is a steep "goat track". Whilst it only takes 10", it is not suitable for people who don't like heights.</i> Map Broken Bay 1:25000
9 May	Tues	DW Bluff to Third Creek Loop G3/9km/80m/3.5-4 hours walk to 4 different lookouts on Redhead Bluff and then walk through the wetlands to Third Creek. Return to the car park along the

		beach. The walk is on road, foot-pad and beach Opportunity for lunch at the Redhead Surf club Kiosk or one of the cafes in the main street of Redhead... or a picnic in the park! Bring morning-tea Map: Swansea 1:25000
9-10 May	Tues-Wed	BP. Mid- week. Beginners One Night B/P to Mogo Creek. G4 /up to 10km each day/300m. Descend off track to camp site (2km) on Mogo Creek. Next morning seek out the 'Bird Man', return to pack up and walk out via 4WD track. Limited numbers Map: 1:25,000 Kulnura
13 May	Sat	DW. Mogo Creek 'Breadknife'. G5/7km/200m/4-5hrs Off track walk to an interesting rock formation above Mogo Creek. Begin at Mogo Creek Camping Ground. Follow the ridgeline around to the 'Breadknife' (well ...sort of like the Warrumbungle Breadknife .. if you squint your eyes a little bit and turn your head to one side!). Descend into the creek to explore for approx 1 km and then climb back onto the ridge to return to the cars. (Time for walking depends on vegetation and exploring) Map: Kulnura 1:25000 Limited Numbers <i>N.B. there is an opportunity for people to stay at the campground at the end of the walk for a car camp and then look around the next morning at the Circuit Flat/ /Old Great Nth Rd walk. (I am not sure if I am able to stay at this stage)</i>
14 May	Sun	
15 May	Mon	Regular Meeting – Church Hall. Talk and Photos from recent activities: Snowy BP – Bob Clifton; Apple Tree Creek- David Morrison. Supper: Malcolm M
19-22 May	Fri-Mon	CC & DW–Tapin Tops National Park G3 nights – Assemble at Dingo Tops Campground for three days of short walks including Rowleys Rock Lookout, Mountain Brush Circuit, Potoroo Falls, Blue Knob Lookout, and Ellenborough Falls.
20 May	Sat	
21 May	Sun	DW TORONTO RIDGE G3/11km/4.5 hrs/100m . Track walk from Kilaben Bay through Reserve up to bushland Ridge, nice undercliff track, then down to Stoney Creek & foreshore to Toronto baths. Short street walk back to Kilaben Bay.

27 May	Sat	DW. Easy Walk the Sculptures of Fort Scratchly , Nobbys & foreshore This Saturday 27th May
27-29 May	Sat- Mon	BP.Royce's Arch. approx 6 hours walking per day/Up to 10 km per day/Up to 200-300m ascent per day/ G 5-6. 3 days, 2 nights Off Track Exploratory loop walk in the Long Wheeney/Wollemi/Putty Creek area (Wollemi National Park) to visit 'Royce's Arch. We have named this feature after long-standing Rambler Royce H, who discovered it while on a walk led by Peter Rye a number of years ago. Limited Numbers Map: Wirraba 1:25000
28 May	Sun	PA -Karuah River – Day paddling the Karuah River. Couple of trip options depending on flow. Booral to Allworth in low flow, or Stroud to Booral if sufficient water levels.
3 Jun	Sat	
4 Jun	Sun	
5 June	Mon	Regular Meeting – Church Hall. Talk: W Coastal Management plan” Josh, NCC Supper – Anne S
6 June	Tues	DW. G4-5/ 6 km /250m elevation/ approx 4 hours (maybe longer depending on the vegetation) Off track day walk to climb Karuah Hill Great views across Port Stephens. Bring water, morning tea and lunch. Maps: Karuah and Port Stephens 1:2500
6-7 June	Tues- Wed	BP. M/W Beginners Backpack - One Night to Hollow Rock location, Wollemi NP – G4/up to 10km per day/300m — short B/P to a spot on the track to camp and then walk to Crawford's LO for Afternoon Tea and views into the Colo. Next day pack up, return to cars and do a walk down Boorai Ridge for more great views. Limited numbers Map: 1:25,000 Kulnura
7 June	Wed	BR. Booragul to Wallsend return ~25 km, 3% gradient on Tramway Track, all on bike path, suitable for all types of bikes
9-12 Jun	Fri- Mon	CC & DW —CC & DW Towarri NP. G3. 3 nights. Base camp at Washpool Campground in Towari NP for several days of walking.
10 June	Sat	
11 June	Sun	

17 June	Sat	DW. G5-6/500m elevation/12 km/ 8-9 hours walking (depending on the vegetation). Travel to Mogo Creek Campground on Friday afternoon to camp overnight ready for an early start on Saturday morning. (Will need to book campsites)A day walk loop from Mogo Creek road to the Boree Track and return. Visit Frying Pan rock and a couple of other sites near the Boree track. Limited Numbers. Map: Kulnura 1:25000 <i>Option for people to stay at the campground on Saturday night as well.</i>
18 June	Sun	
19 June	Mon	Regular Meeting -Ramblers trip to Central Australia 2022. Talk & photos after meeting by Angela B. Supper – Dawn M
21 June	Wed	BR. Hermitage Road cycleway from Belford to Pokolbin return 36 km , mostly on bike path, suitable for all bikes, coffee at turnaround point at Hunter Valley Gardens. Note later start.
24 June	Sat	
25 June	Sun	
27 June	Tues	DW Mt Sugarloaf Blue Gum track G3/8km/100m/4hrs Various terrains. Bring morning tea. Optional BYO lunch after walk. Start walking 8.30am,
1 July	Sat	
2 July	Sun	
1-3 July	Sat-Mon	BP Blue Gum Forest G4/13km/700m 2 nights – Weekend walk through the Blue Gum Forest via Lockley's Pylon and Du Faur Head. Return to Evans Lookout via the Horse Tack. Numbers limited.
3 July	Mon	Regular Meeting Supper- Ingrid W
4 July	Tues	DW.The Basin to Mt Warrawolong, Watagan NP G4/12km/300m. One of the best sections of the GNW - rainforests, creek gullies, open woodla
5 July	Wed	BR. Duckenfield Loop , 25 km, almost completely flat, quiet rural roads suitable for all bikes, finishing with morning coffee at a Morpeth café
8 July	Sat	DW.Mt.RoyalCircuit G5 6km 1184m 5hrs Mt Royal is located about one hours drive north of Singleton. The walk starts at the southern base of Mt Royal. From there

		<p>walk along a road and bush track on the western side to the northern end, up Sneaky Pinch to a grassy area for morning tea. Then rock scramble to the ridge line, walk along the ridge line for about 300 metres before dropping down into the Beach Forest. Make your way to the grove of ancient Grass Trees and then on to the trig point for lunch. Then head to the nose of the plateau to the rocky drop off point where you come out into the open grassy area with stunning views to the south. It is then a very long walk through open forest down to the vehicles.</p> <p>To do the walk your fitness levels need to be up there and not suffer from vertigo because of the challenging rock scramble and narrow ridge line you have to walk along. Wear protective clothing against stinging nettle, and gloves. Because the NP has been closed for a number of years there is a lot of regrowth making the walk challenging and more time consuming. The road going to Mt Royal has been repaired and is suitable for 2 wheel drive vehicles. Bring morning tea and lunch. The walk will finish around 2.00pm</p> <p>.</p>
9 July	Sun	
11 July	Tues	<p>DW. Brunkerville. G3-4/8km/500m/5hrs Part of GNW heading east towards Teralba from Brunkerville. All on firetrail except 100m bush bash. Some long steep sections. Bring morning tea and lunch.</p>
15-16 July	Sat/ Sun	<p>CC. Navigation Shield Location Goulburn River NP, using map & compass to find checkpoints. Come along & learn from experienced members.</p> <p>17th July Supper by Malcolm M</p>
15 July	Sat	
16 July	Sun	
17 July	Mon	<p>Regular Meeting. Supper – David M.</p>
19 July	Wed	<p>BR Bulahdelah – Markwell Loop, 30 km, This ride includes unsealed road unsuitable for road bikes. Late morning tea or lunch in cafe on return to Bulahdelah. Note later start.</p>
21-24 July	Fri- Mon	<p>BP-Mt Werrikimbe G4/26km/500m – Walk out to Mt Werrikimbe from Racecourse Swamp via the Werrikimbe Trail to Big Hill</p>

		Creek then Mt Werrikimbe Trail. Return via Upper Hastings River to Cobcrofts Rest Area. Likely to involve some off-track walking. Numbers limited
22 July	Sat	
23 July	Sun	
29 July	Sat	
30 July	Sun	
4-6 Aug	Fri-Sun	BP-Pantoney's Crown, Gardens of Stone NP G5/18km/900m – Pantoney's Crown via Baal Bone Gap and Crown Creek. Returning via Baal Bone Point. Involves some exposed scrambling and rope assist/pack hauls. Numbers limited.
5 Aug	Sat	
6 Aug	Sun	
7 Aug		Regular Meeting. Supper: Arthur R.
12 Aug	Sat	
13 Aug	Sun	
19 Aug	Sat	
20 Aug	Sun	
21 Aug	Mon	Regular Meeting. Supper: Jenny B.
22-24 Aug	Tues-Thur	BP. Widden Valley - G4/30km/250m –. Tues start and walk up Widden Brook (7km) to a nice camping spot in this beautiful valley, for two nights. Daywalk on Wed and walk out on Thurs. Would suit beginners. Map: 1:25,000 Mount Pomany
26 Aug	Sat	DW. 26 August Sat Woy Woy to Killcare G3 13km 4hrs From Woy Woy railway station walk along Brisbane Waters shore line then climb up Backwall Mt for morning tea at the lookout. From there walk over the Rip Bridge, check out Daley's Aboriginal rock art site. Great views from Allen Strom lookout. Bring morning tea and lunch.
27 Aug	Sun	
2 Sept	Sat	
3 Sept	Sun	
		FUTURE ACTIVITIES AND EXPRESSIONS OF INTEREST
12-15 Sept 2023	Tues-Fri	CC Wollomi NP, Ganguddy camping area, Dunns Swamp on Cudgegong River. G2-3. Scenic sandstone pagodas on the eroded western edge of the Sydney Basin, spectacular

		spring wildflowers. Walk, kayak, fish, bird watch, relax. Lakeview sites, toilets, picnic tables, BBQs. Bring firewood and drinking water. Map: Olinda. You need to book your camp site with NPWS. Contact Roz for details.
8-12 Oct	Sun-Thur	CC & DW- Mt Kaputar National Park G3-G4 - Expressions of interest sought for a week of day walks in Mt Kaputar National Park. Walking options including Yulladinida Lookout, Euglah Rock, The Governor, Scutts Hut & Kurrawonga Falls. Variety of accommodation options including cabins and sites for tents and camper trailers.
TBA		BP. G5. 8 days/7nights in the Kosciusko NP High Country. A high circuit include climbing or crossing Mts Anton, Townsend, Twynam, Sentinel, Perisher, Tate, Carruthers, Stillwell. Limited numbers
12-19 Nov 2023		BP. Easy Snowy Backpack – Seven Days – Snakey Plain and Wheelers Hut, Pretty Plain –Kosciusko NP – G4/5/10km/d / upto150m/day. Drive via Tumut and short walk to Millers Hut on Sunday night. Drive to Snakey Plain FT to walk to Wheelers Hut for one night, then Pretty Plain for two nights and back to Wheelers Hut– Dates to be finalized – Expressions of Interest – limited numbers.
Mid Nov	Mon-Fri	DW Oxley Wild Rivers National Park – East Kunderang Homestead – Expressions of interest sought for a week of activities in Oxley Wild Rivers National Park based out of East Kunderang Homestead. Maximum of 14 people. Activities include swimming and canoeing on the Macleay River, Halls Peak walk, Chandler River Gorge and day walks to historical sites and features.
25 Nov- 3 Dec		BP. Kosciusko NP – Jagungal Wilderness. G5. Wheelers, Pretty Plain, Derschos, Tarn Bluff, Cesjacks, Mt. Jagungal. Limit 8

Notes to Program

Grading: The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: Grade 1 (G1) – On roads or tracks, mostly flat. Grade 2 (G2) – Mostly on tracks, low gradient, relatively flat terrain. Grade 3 (G3) – Mostly on tracks, some hilly sections, rougher terrain. Grade 4 (G4) – Steeper, rougher terrain, may be off track. Grade 5 (G5) – Mostly off track, difficult terrain. Grade 6 (G6) – Strenuous off track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time. **Grading is subjective and cannot take into account all possible factors, so if**

you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.

Bookings: are required for all activities unless otherwise specified. Meeting place and time is decided at the meeting before each activity. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.