



Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Regular Monthly Meetings are held at the Uniting Church Hall 24 Milson St. Charlestown

Ramblers 2022 Activity Program (Updated 17 Jan 2023)

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER AT ramblerswalksofficer@gmail.com or call Alan on 0419491612

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

W/E = Weekend

Anyone wanting to join an activity must contact the leader at least 24 hours before the activity is scheduled to begin.

5 Dec	Mon	Regular Meeting – Church Hall 10" Safety Talk. Falling Rocks. Alan T.
7 Dec	Wed	BR.Duckenfield Loop 25 km , almost completely flat, quiet rural roads suitable for all bikes, finishing with morning coffee at a Morpeth café
8 Dec	Thur	TW Edgeworth to Wallsend Tramway G2/5km/200m Easy walking along pathway followed by dinner at Edgeworth Bowling Club
10 Dec	Sat	DW- Bailey's Orchard and Dudley Beach G3, 5km, 100m 2.5hr -
15 Dec	Thur	TW. Newcastle Foreshore to Throsby Ck and Return. G1/Flat/ 5km/2hrs. Optional Fish and Chips at Scratchleys on return.
17 Dec	Sat	
18 Dec	Sun	DW. Birubi Beach to One Mile Beach (G4/12km/50m/4hrs) Coastal walk, beautiful scenery, over headlands, along small beaches, some rock scrambling, optional swim. Map: Morna Point.
19 Dec	Mon	TW - Glenrock Frog Walk - G3, 3km, 2hr - - it has to be dark, bring torch, good shoes, covered clothing
21 Dec	Wed	BR. Belmont South to Murrays Beach, ~ 30 km return, mostly on cycleway after short distance on quiet back streets, one short steep hill into Murray's Beach, coffee at Murray's Beach

27-31 Dec		CC. Coolah Tops National Park Annual Car Camp at the Tops. Walking, Bike riding or just lazing about. Camp at The Pines. Map: Blackville Come or go anytime.
31 Dec	Sat	TW Obelisk Loop G3/7km/70m , cross King Edward Park to the Bogey Hole, then go along Newcastle Beach to Nobby's and out to the end of the breakwall and back again. Back along the foreshore - with all sorts of NYE attractions - to Wolfe Street and back to the Obelisk for picnic dinner and the fireworks at 9pm It starts off downhill, then is mostly flat, but a big climb up Wolfe Street at the end. No need to book in. Bring mosquito repellent.
1 Jan	Sun	
2 Jan	Mon	No Meeting
4 Jan	Wed	Breakfast Walk. Swansea: Pirrita Island - Lakeside G1/7km/0m Follow the channel towards the lake, then the new Pirrita Island boardwalk. Then along the lakeside before returning to the cars for a short drive to breakfast or coffee at The Yoga Place at Blacksmiths. Optional swim afterwards at Belmont baths and perhaps more coffee and/or lunch nearby.
4 Jan	Wed	BR. Carrington circuit from Carrington along Throsby Creek, through Mayfield and Waratah to the university, return via Brickworks Park, Jesmond, Lambton, and Broadmeadow ~ 25 km. Cycle paths and quietish roads, a bit up and down through the university
7 Jan	Sat	
8 Jan	Sun	
10 Jan	Tues	TW. Dudley Beach (G1) Beach walk, swim, fishing on the rising tide. Shayne will show you how to catch a fish! Relax with happy hour or picnic tea. BYO food, drinks, chair, fishing gear, swimmers
14 Jan	Sat	
15 Jan	Sun	
16 Jan	Mon	Regular Meeting – Church Hall

		Talk Backpacking Food – from Pantry Ingrid W.
18 Jan	Wed	BR.
21 Jan	Sat	
22 Jan	Sun	
25-29 Jan	Wed-Sun	BP. Mt Bimberi (highest peak in the ACT) G4/ 31km over 4 days/ 970m over 4 days. 2 nights at Oldfields Hut and 1 night at Pockets Hut Day 1 - G3 (Drive from Newcastle and then approx 5 km walking on track to Oldfields Hut; total gain 80m) Day 2 - G4 (14 km day walk from Oldfields Hut to climb Mt Bimberi via Murrays Gap and return - with half the walk off track - 400m ascent from Murrays Gap; total gain for the day 700m) Day 3 - G3 (walk approx 7 km on footpad from Oldfields to Pockets Hut; total elevation gain 130m. (An optional evening walk to Goodradigbee River is possible) Day 4 - G2 (approx 5 km walking on track back to car; total elevation gain 60m... and then drive back to Newcastle) Limited numbers
28 Jan	Sat	
29 Jan	Sun	DW Bateau Bay to Forrester Beach & retur G3 4km, G4 4km / 130m / 6hrs This walk has it all – coastal, suburbia, bushland in Wyrabalong NP & two lookouts. The first 4km involve some rock scrambling, so walkers need to be agile for this bit. Steep climb from Forrester Beach to Wyrabalong lookout.
1 Feb	Wed	BR. Morpeth-Maitland loop, 24 km, mixed cycle paths & quiet roads, flat,
3-5 Feb		CC. Nundle. Blackberry Picking and Relaxing.
4 Feb	Sat	DW. G3 Catherine Hill Bay to Frazer Park Beach circuit 10km 4hrs
5 Feb	Sun	
6 Feb	Mon	Regular Meeting – Church Hall Guest Speaker from Hunter Wildlife Rescue at 7:30pm
7-9 Feb	Tues-Thur	CC. Barrington Tops for 2 Nights - G4 /up to10km each day/150m. Morning Tea at Gloucester and head via Copeland Gold Mining area to Horse Swamp Camp Ground (tents please) Short walks to points

		of interest depending on road closure issues – maybe call into to see the Tassie Devils. Return via Moonan Brook, Scone. Maps:.1:25,000 Moonan Brook
14 Feb	Tues	TW. Frazer Beach for Dinner. G3/8km/150m. Drive to parking location off Pacific Highway (before the Big Prawn) and descent to Frazer Beach via the Palm Valley. Return via track to Bogong Road and cars. Map: 1:25000 Catherine Hill
15 Feb	Wed	BR. Budgewoi to The Entrance North, returning via Norah Head, ~ 30 km, mostly on cycleway, some quiet streets, mostly flat,
18 Feb	Sat	
19 Feb	Sun	
20 Feb	Mon	Regular Meeting – Church Hall
25 Feb	Sat	
26 Feb	Sun	
27 Feb – 4 Mar	Mon-Sat	BP. Quick B/P Snowy Mountains #1 – G4/up to 10km per day40km/300m Leave Mon for five days of backpacking and day walks. Return Saturday. Drive via Cooma to walk to Horse Camp Hut, then to White River Hut for two nights and explore Rolling Grounds and Mt Gungarton (maybe Tin Hut). Cooma for the night. Limited numbers. Maps: 1:50,000 Mt Kosciusko and Khancoban
28 Feb	Tues	TW Coal Point G3/5km/100m . Walk around shoreline and return along ridge top. Followed by picnic in the park.
4 Mar	Sat	DW. March 4 G3 Millfield to Tinklers Vineyard (Extension of the Great North Walk) Track goes through undulating open forest to Bimbadeen Lookout, on to Mt bright lookout, extensive views.
5 Mar	Sun	
6 Mar	Mon	Regular Meeting – Church Hall ANNUAL Auction – Arthur and Robert auctioneers.
11 Mar	Sat	
12 Mar	Sun	
14 March	Tues	1TW. Galgabba Point & Pirrita Island G3/5km/10m. Near Swansea & Lake Macquarie. Two short walking tracks. May do one or both followed by dinner as

		Swansea RSL
18 Mar	Sat	
19 Mar	Sun	
18-26 March	Sat-Sun	BP. G5. 8 days/7nights in the Kosciusko NP High Country. A high circuit include climbing or crossing Mts Anton, Townsend, Twynam, Sentinel, Perisher, Tate, Carruthers, Stillwell. Limited numbers
20 Mar		Regular Meeting – Church Hall
25 Mar	Sat	
26 Mar	Sun	
1 Apr	Sat	
2 Apr	Sun	
3 Apr	Mon	Regular Meeting – Church Hall
4 Apr	Tues	DW. Mid-Week – Patonga to Pearl Beach (and return) – G4/7km/200m Great views, beautiful beaches and coastal walk, visit historical arboretum, all on track. Maps:
8 Apr	Sat	
9 Apr	Sun	
15 Apr	Sat	
16 Apr	Sun	
17 Apr	Mon	Annual General Meeting
22 Apr		
23 – 29 Apr	Sun - Sat	BP. Quick B/P Snowy Mountains #2 – G4/10km per day/300m Leave Mon for five days of backpacking and daywalks. Drive via Cooma, Nimmo Hill and Snowy Plains Road to NP gate, then 3km walk to Cesjacks Hut for three nights and daywalks. Return to Cooma for the night. Limited numbers. Maps: 1:50,000 and Khancoban.
		FUTURE ACTIVITIES AND EXPRESSIONS OF INTEREST
? TBA May		BP. Mid-week. Beginners One Night B/P to Mogo Creek –G4 /up to 10km each day/300m Bob Clifton - 0417624091 – Descend off track to camp site (2km) on Mogo Creek. Next morning seek out the ‘Bird Man’, return to pack up and walk out via 4WD track. Limited numbers Map: 1:25,000 Kulnura
26 Apr to 10 May 2023		Bike Rides. Victorian Rail Trails. 1 trail in NSW, 2 trails in Vic. Shared accommodation in caravan park cabins. \$300 deposit to secure booking. Limit 10. Now fully booked. Reserve list only.

April/May Date to be decided		BR. Victorian rail trails. Mel is considering leading a delayed or parallel trip to allow an extra 10 riders to go away on the trip, if acceptable. I figure there will be more demand than places for a great trip like this. I've cycled most of the Victorian Rail Trails over the year Subsequent note: , Anna Braithwaite has contacted today me with an EOI for the bike trip. I'm still keen to do a trip even if Alan Scott doesn't. I'll contact him after New Year & get his ideas. If required, I'll put together a new itinerary which may not involve cabin accommodation. Anna said she's happy to camp & so am I. Plus, I have my Hiace campervan. So, we may do a caravan park & camping style of trip, using camp kitchens, etc. I think if I can get at least 4 participants it can be a goer. s & am always happy & willing to go back.
June Date to be advised		BP. June TBA M/W Beginners Backpack - One Night to Hollow Rock location, Wollemi NP –G4/up to 10km per day/300m — short B/P to a spot on the track to camp and then walk to Crawford's LO for Afternoon Tea and views into the Colo. Next day pack up, return to cars and do a walk down Boorai Ridge for more great views. Limited numbers Map: 1:25,000 Kulnura
Aug or Sept. Date TBA		BP. Widden Valley - G4/30km/250m –. Tues start and walk up Widden Brook (7km) to a nice camping spot in this beautiful valley, for two nights. Daywalk on Wed and walk out on Thurs. Would suit beginners. Map: 1:25,000 Mount Pomany
12-15 Sept 2023	Tues- Fri	CC Wollomi NP, Ganguddy camping area, Dunns Swamp on Cudgegong River. G2-3. Scenic sandstone pagodas on the eroded western edge of the Sydney Basin, spectacular spring wildflowers. Walk, kayak, fish, bird watch, relax. Lakeview sites, toilets, picnic tables, BBQs. Bring firewood and drinking water. Map: Olinda. You need to book your camp site with NPWS. Contact Roz for details.
25 Nov- 3 Dec		BP. Kosciusko NP – Jagungal Wilderness. G5. Route to be finalised but will include climbing Mt. Jagungal. Limit 8

Notes to Program

Grading: The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: Grade 1 (G1) – On roads or tracks, mostly flat. Grade 2 (G2) – Mostly on tracks, low gradient, relatively flat terrain. Grade 3 (G3) – Mostly on tracks, some hilly sections, rougher terrain. Grade 4 (G4) – Steeper, rougher terrain, may be off track. Grade 5 (G5) – Mostly off track, difficult terrain. Grade 6 (G6) – Strenuous off track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time. **Grading is subjective and cannot take into account all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.**

Bookings: are required for all activities unless otherwise specified. Meeting place and time is decided at the meeting before each activity. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.