



Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

www.newcastleramblers.org.au

Regular Monthly Meetings are held at the Uniting Church Hall 24 Milson St. Charlestown

President: Barry Vice-President: Ingrid
Secretary: Dawn Treasurer: Kaye
Activity Officer: Alan PLB Officer: David

Committee Members: Jenni Craig

Emergency Contact: President or other members of the committee.

Ramblers 2022 Activity Program (Updated 3 July 2022)

TO SUBMIT AN ACTIVITY:

Email details to WALKS OFFICER AT ramblerswalksofficer@gmail.com or call Alan on 0419491612

Covid19 – Important Warning

The NSW Government Covid rules were relaxed from 15th December and it is no longer a requirement to be double vaccination to attend club activities.

An exception to the above is if an Activity Leader specifically requires people to be fully vaccinated for an activity they have put on the Club Program. Activity Leaders can freely set a double vaccination requirement for the activity they are leading if they wish too but this is the Leaders decision, not a club policy.

DW: Day Walk, TW: Twilight Walk, BF: Breakfast Walk, BP: Backpack BR: Bike Ride CC: Car Camp PA: Paddle

W/E = Weekend

2 Jun	Thur	DW Rocky Ponds (G3/15km/100m) - The Tanks is a place on the Hawkesbury where boats used to get fresh water. This walk will go to the head of the creek on fire trails, then follow the creek downhill to waterfall and aboriginal site. Possible extension to The Icicles. Bring afternoon tea for back at the cars. Map: Broken Bay, Cowan
4 Jun	Sat	DW – Devils Rock Burragurra G4/8km,200m/200m Visit Devils Rock and explore area. Allow all day. High clearance vehicles required.. Map: Murrays Run 9131-4N
5 Jun	Sun	BR along Port Stephens foreshore Details are as follows: Commence ride from Bob Cairns Reserve to Fingal to enjoy morning tea at Barry Park and see if you can spot a whale. Return to the reserve and head to the fish and chip shop to buy a bit of lunch to eat in the park. Approx 27 km in total. Options include doing a small walk in the wetland near the reserve and also exploring the

		trails behind the tomaree community hospital. Will depend upon what type of bike people have. We can stick to the bike path or do a bit of gravel riding.
6 Jun	Mon	Regular Meeting – Church Hall – 7:30pm Meeting speaker Peter Downes 'Success and failure, a 40 year journey to the Arthurs' (Tasmania)
7 Jun	Tue	DW Brunkerville G3-4/8km/500m/4hrs Part of the GNW heading east towards Teralba from Brunkerville. All on firetrail except 100m bush bash. Some long steep sections. Bring morning tea and lunch. Map: Quorrobolong/Wallsend.
11 Jun	Sat	Mt Wareng G4/10km/340m Flat-topped mountain near Howes Valley on the Putty Road. Fire trail to the base of the mountain then up a mostly grassy spur for views of Wollemi and Mt Yengo. Bring afternoon tea for back at the cars. Maps: Howes Valley
12 Jun	Sun	
18 Jun	Sat	DW/CC. Greta Heritage Walk followed by Museum visit and optional camp. Lunch at Ingrid's. Opportunity to camp with camp fire. Walk to Hunter River after breakfast on Sunday.
19 Jun	Sun	DW. Milbrodale 7km (G3 4.5km G5 2.5km) 300m ascent/descent. View Baiame Cave stencils then ascend Old Bulga Rd (original Putty Rd) to 3 Poles Lookout with views of Hunter Valley & the lovely opencut mines. Descent via ridge G5 (off track). Bring afternoon tea for back at the cars. Limited numbers. Map Parnell 1:25000
20 Jun	Mon	Regular Meeting – Church Hall Talk: "Nav Shield- What is it?" Malcom M
21 Jun	Tues	Rocky Ridge (G5/12km/150m) - Interesting rock formations near Congewai Valley. Rock scrambling. Some steep rock descents. Limited numbers. Gardening gloves recommended. Bring afternoon tea for back at the cars. Map: Wollombi
23 Jun	Thur	DW Mt Sugarloaf Blugum trail G3/8km/200m/4hrs Walk the Bluegum Trail, mainly firetrail and track, can be slippery on steeper sections.

		Bring morning tea and lunch is optional back at the cars. Map: Wallsend.
25 Jun	Sat	
26 Jun	Sun	DW Summit Point to Mt Vincent circuit, Sugarloaf, Heaton State Forest– G4-5/8k/450m .Come and have some fun close to home in a navigation training walk half exploratory off track walking from Summit Point, down spur, across country, pick up spur to ascend to ridge leading to Mt Vincent, return to cars near Summit Point via Sugarloaf Range Road. Will use Lake Mac 2019 rogaine points to practice navigation. Will involve some prewalk preparation, maps and compass provided. Limited numbers. Some bush bashing, difficult steep terrain. Maps Quorrobolong, Wallsend.
28 Jun	Tues	DW Heaton Lookout G3/8km/430m Walk up steep ascent to Heaton Lookout for morning tea. Return to cars by lunch. Map: Wallsend .
2 July	Sat	DW. Walk the Mountaineer Trail to bushwalker hut and return. G4/8km/6hrs. Steep up and down on Fire Trail.
3 July	Sun	
4 July	Mon	PA. Mangrove Creek and Dunns Creek, Hunter River.
4 July	Mon	Regular Meeting – Church Hall 20 Photos in 20 minutes
9 July	Sat	Tinguraja Creek (G4/8km/250m) - Explore the top end of a creek we visited once before from the bottom end. Tributary of Mangrove Creek - probably dry. Return via ridgetop trail. Bring afternoon tea for back at the cars. (Kulnura map)
10 July	Sun	
8 July- 31 Aug		July – August 2022 – 4WD camping trip Central Australia – Oodnadatta track, East MacDonalids, Finke River, Chambers Pillar, Mt Dare, Dalhousie Springs, Lake Eyre possibly via Currawinya & Diamantina NP in QLD and Plenty Highway. Route planning underway, may include West MacDonalids & Kings Canyon. Most sections will need 4WD but some sections are 2WD. Strictly Limited Numbers. Fully Booked.

14 July- 7 Aug		BP Mitchell Plateau, Kimberley Region WA, G5 grade. Joining in with a commercial tour run by Willis's Walkabouts. This replaces Angela Begg's cancelled trip to the same region. Fully booked by participants in the cancelled trip, but taking names for a reserve list.
16-17 July	Sat/Sun	CC. Navigation Shield.
16 July	Sat	
17 July	Sun	
17-18 July	Sun/Mon	PA. Day1 – Island of Wallis Lake, Foster. Day2- Wallambe River Explore. Note: Good level of fitness and paddling required
18 July	Mon	Regular Meeting – Church Hall Presentation “Hunter Wildlife Rescue” Injured animals in the bush. Guest Speaker.
19 July	Tues	DW. Frazer Park Wild Flowers.
23 July	Sat	DW. Abbotts Falls in the Watagen Forest NP. 8km Bring morning tea and will have lunch back at the picnic ground.
24 July	Sun	Explore upper Mogo Creek G5/7km/160m Explore the headwaters of Mogo Creek. We started from the top last time and walked to a fire trail out. This walk will continue downstream from there. Exploratory and limited numbers. Bring afternoon tea for back at the cars. Murray's Run and Kulnura maps.
26-28 July	Tues-Thur	BP. Details TBA.
30 July	Sat	
31 July	Sun	
1 Aug	Mon	BR. Old Gibber Road to Seal Rocks and return.
1 Aug	Mon	Regular Meeting – Church Hall “Head Injuries- what you need to know” Philippa H
6 Aug	Sun	
7 Aug	Sun	DW Yengo NP Exploratory Ridge Walk G5/8km/250m/250m. Nav walk This looks like an interesting ridge!!! Explore a ridgeline that separates Stockyard and Werong Creek systems. Mostly off-track with opportunity to learn or practice navigation skills. Meet Edgeworth Maccas 7:30am

12-13 Aug	Fri-Sat	BP. Easy. Full Moon on Frying Pan Rock-Boree Track.
13 Aug	Sat	
14 Aug	Sun	
15 Aug	Mon	Regular Meeting – Church Hall 20 Photos in 20 Minutes. <i>Presenter Required.</i>
20 Aug	Sat	
21 Aug	Sun	First Aid Workshop – this is a workshop held by a qualified 1 st Aid Instructor, Kylie Ledger, who is also a bush walker & a member of the RFS. It is called a “workshop” & not a “course” because no certificate will be issued It will be restricted to 20 people. All applicants to the previous postponed workshop (8-8-21) need to re-apply by email.
22 Aug	Mon	PA. Williams River to rapids and return (gentle).
23 Aug	Tues	DW. Details TBA
27 Aug	Sat	
28 Aug	Sun	Awaba Gymea Lillies (G3/13km/380m) - In early September, there is a forest of Gymea lillies in flower in the bush near Awaba. This walk will start from Toronto and walk along a ridge to near Awaba before doing a loop through the forest and back to Toronto. Many small climbs and one longer one. Bring afternoon tea for back at the cars. (Swansea map)
29 Aug	Mon	BR. Clarencetown to Dungog via Alison and return. Full day ride and undulating. Good fitness required.
3 Sept	Sat	
4 Sept	Sun	
5 Sept	Mon	PA. Wallingat River Explore
5 Sept	Mon	Regular Meeting – Church Hall Talk. “NSW Marine Parks” Peter G
6-9 th Sept.		CC Wollomi NP, Ganguddy camping area, Dunns Swamp on Cudgegong River. G2-3. Scenic sandstone pagodas on the eroded western edge of the Sydney Basin, spectacular spring wildflowers. Walk, kayak, fish, bird watch, relax. Lakeview sites, toilets, picnic tables, BBQs. Bring firewood and drinking water. Map: Olinda.
10 – 18 Sept	Sat-Sun (week)	CC Warrumbungles (School holidays 24 Sept to 9 Oct) Limit 15 (due to booking complications) Activities

		<p>Day walks One night backpack (optional, if water available) Pilliga NR Timmallallie NP (Pilliga forest) Ukerbarley Aboriginal Area? Siding Springs observatory Wildflowers in early Spring Visitor centre Sunset/happy hour on Belougerly Rock Group camping at Camp Walaay Picnic tables Toilets and tank water - suggest bring drinking water Hot showers at Camp Blackman Bring firewood for group fire</p>
10 Sept	Sat	
11 Sept	Sun	
16-18 Sept	Fri-Sun	<p>CC (tents only) Euroka Campground Glenbrook Blue Mountains National Park. A weekend of walking and exploring the Mid Mountain Garden Festival - 8 stunning gardens from Linden to Lawson. Enjoy a relaxed weekend of walking and garden exploring</p>
17 Sept	Sat	
18-19 Sept	Sun-Mon	<p>BR. Day 1 Gloucester to Waukivory & return.9.00am start. Day 2 Gloucester to Rocky Crossing circuit 9.00am start .</p>
18-19 Sept	Sun/Mon	<p>BR. Gloucester to Rocky Crossing circuit.</p>
18 Sept	Sun	<p>DW. Spion Kop. G4/10km/150m climb 4.5 hrs. One of my favourite Day walks. Spion Kop is a hill overlooking Woy Woy Bay. Climb it for great views of Brisbane Waters, then a nice coastal bush track down to a Waterfall for lunch. Exit via a firetrail and the "Heiroglyphs". Early start to miss the tide. Car shuffle.</p>
19 Sept	Mon	<p>Regular Meeting – Church Hall Talk "The Kimberleys 2022" Philippa H and John H.</p>
25 Sept	Sun	<p>DW Mount Cabre Bald circuit. G4/10km/700m/700m Excellent views of Mount Royal, Barrington escarpment and the hunter valley and a magnificent grass tree forest at the top. Hike up a steep fire trail to the summit and return via an alternative trail to complete a circuit</p>

29 Sept-4 Oct	Thur-Tues	<p>Long weekend at “Two Styx Cabins”, 1111 Point Lookout Rd., Ebor. www.twostyx.com.au I have booked the entire site i.e. Platypus Cottage, Flame Robin cabin & Lyrebird cabin. Arrive Thursday 29/9/2022 Depart Tuesday 04/10/2022 Cost approx. \$300 per person for the 5 nights. Final cost depends on final numbers. Everyone pays for 5 nights even if you don't stay for the 5 nights. Shared accommodation in either the cottage or the cabins. Limit of 17. Separate rate for caravaners at \$100 pp 5 nights. Limit of 4 vans. Come for a long weekend of many walks, G3 to G5, in:</p> <ul style="list-style-type: none"> • New England NP, a World Heritage Rainforest Park, with more than 20km of walking tracks though a variety of environments. • Cathedral Rocks NP • & Dorrigo NP, if time permits. <p>EOI at this stage – no money required until closer to the date. <i>Fully vaccinated people only because of the shared accommodation arrangements.</i></p>
1 Oct	Sat	
2 Oct	Sun	
6 Oct	Thur	PA. Carrington to Dod Beach and return. Optional dinner afterwards.
6-9 Oct	Thur-Sun	<p>6-9 October BP Mt Yengo & McDonald River G5/35km Nick Searl Ph: 0402213053 Explore area south of Mt Yengo. Mostly off-track.</p>
7-9 Oct		Blue Mountains Music Festival
8 Oct	Sat	DW. Possible CC Fri/Sat nights. Mt.Royal.
9 Oct	Sun	
15 Oct	Sat	Rambler’s 60th Birthday Party. Rathmines Theatre.
16 Oct	Sun	<p>DW. Lemon Tree Jilliby SCA (G4/450m/12k) Beautiful ridge walk, dropping down to explore a new ridge, palm lined creek, some offtrack, steep ascents, descents in state conservation area near Mandalong. Opportunities to practice navigation. Map: Dooralong</p>

16-17 Oct	Sun/ Mon	PA. Overnight. Buladelah to Rivermouth Camp, Myall River. About 3hr Paddle, flat water.
17 Oct	Mon	Regular Meeting – Church Hall
22-23 Oct	Sat- Sun	BP.Barrington River G3/26km/50m - Easy backpack suitable for beginners. Drive to Little Murray and walk along the old Barrington Trail to the road to Junction Pools. Deviate to a fire trail to camp next to the Barrington River. On Sunday, day walk around Edwards Swamp to Carey's Peak, and return via Aeroplane Hill. Pack up camp and return to the cars. Will be cold. Maps: Barrington Tops, Moonan Brook
22 Oct	Sat	
23 Oct	Sun	DW The Buckets from the West (G5/500m/8k). Exploratory walk up to the Buckets Ridge through private property on western side. Spectacular views, maybe orchids in flower. Steep slope, rock scrambling, off track, thick bush, cliff lines. Limited numbers. Maps: Gloucester Angela
28-30 Oct		CC (sort of!) Tallow Beach Bouddi National Park. A fabulous 3 days of day walks enjoying great coastal scenery and wildflowers. Camp spot is a 1.3 km walk from the parking area so load up your backpack or wheelbarrow.
29 Oct	Sat	
31 Oct	Mon	BR. Morpeth to Paterson via Martins Creek.
		FUTURE ACTIVITIES AND EXPRESSIONS OF INTEREST
4-6 Nov	Fri- Sun	BP. Mt Yengo NP. G5/30km. 3days, 2 nights. Start on a ridge above Nowlands Trail to Timor Ck, then Riley's Paddock to camp. Saturday pick up old trail along Tumbledown Creek and a bit off off track to Mountain Arm to Camp. Sunday nice Ridge walk to tobacco cave, then out via Blue Gum and Big Yengo. Mixture of on and off track. Nav walk. Maps Mt. Yengo, Moruben.
13-20 Nov	Sun - Sun	Easy Snowy Back Pack - Seven Days - The Huts of Tantangara -Northern Kosciusko NP - G4/5/10km/d / upto150m/day. Drive via Tumut and short walk to Gooandra Hut to camp and round trip to several huts -

		relocate to Port Phillip FT and walk to Old Curango, Jones Hut, Pockets Hut and Oldfields and Mt Bimbiri - Dates to be finalized - Expressions of Interest - Limited numbers
26 Nov-3 Dec	Sat-Sun	BP. Kosciuzko NP. G5/ 12-15km/day/ Start Guthega and arrive Island bend 6 days later. Via Rolling Grounds, Schlink Pass, Gungartin Pass, Kerries ridge , Mawsons hut, Kidman’s Hut, Brassy Gap, Davies Hut. 8 people limit.
26 Apr to 10 May 2023		Bike Rides. Victorian Rail Trails. 1 trail in NSW, 2 trails in Vic. Shared accommodation in caravan park cabins. \$300 deposit to secure booking. Limit 10.

Notes to Program

Grading: The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: Grade 1 (G1) – On roads or tracks, mostly flat. Grade 2 (G2) – Mostly on tracks, low gradient, relatively flat terrain. Grade 3 (G3) – Mostly on tracks, some hilly sections, rougher terrain. Grade 4 (G4) – Steeper, rougher terrain, may be off track. Grade 5 (G5) – Mostly off track, difficult terrain. Grade 6 (G6) – Strenuous off track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time. **Grading is subjective and cannot take into account all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.**

Bookings: are required for all activities unless otherwise specified. Meeting place and time is decided at the meeting before each activity. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club’s insurance. Obtain the leader’s permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person’s responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form.