



# Newcastle Ramblers Bushwalking Club

PO Box 719 Charlestown NSW 2290

[www.newcastleramblers.org.au](http://www.newcastleramblers.org.au)

Activities: One day walks, extended walks and backpacks, social walks, camping, liloing, canoeing, cycling, canyoning.

Meetings: First and third Monday of the month at 7:30pm, Charlestown Uniting Church, Milson St Charlestown.

## PROGRAM: DECEMBER 2019 – MARCH 2020 (Update 24 Nov)

Bookings are required for all activities unless otherwise specified. Meeting place and time is nominated by the leader at the meeting before each activity. People leading an activity for the club may decline any request to attend. Visitors are welcome on walks with the permission of the leader and are covered by the Club's insurance. Those who attend more than 3 activities are expected to become members. Obtain the leader's permission before bringing any other person on an activity or if considering leaving an activity prematurely. People under the age of 18 must be accompanied by a responsible adult and are that person's responsibility for the duration of the activity. All participants are required to sign an Assumption of Risk (waiver) form. Note: Overseas trips, except New Zealand, are not covered by the Club's insurance.

Grading: The grade of the activity is represented by four numbers: the terrain, the distance, the altitude gain and the duration. It appears for example as G3/12km/200m/4hrs. The type of terrain is represented by a grade number: Grade 1 (G1) – On roads or tracks, mostly flat. Grade 2 (G2) – Mostly on tracks, low gradient, relatively flat terrain. Grade 3 (G3) – Mostly on tracks, some hilly sections, rougher terrain. Grade 4 (G4) – Steeper, rougher terrain, may be off track. Grade 5 (G5) – Mostly off track, difficult terrain. Grade 6 (G6) – Strenuous off-track walks. The distance is the number of kilometres to be covered. The altitude gain is the total of all the separate climbs in the activity. The duration is the actual time taken for the activity, not including travelling time. **Grading is subjective and cannot take into account all possible factors, so if you are uncertain about the grade, the terrain, or the experience and fitness required, ask the leader for advice.**

### TO SUBMIT AN ACTIVITY:

GO TO NEWCASTLE RAMBLERS WEBSITE [www.newcastleramblers.org.au](http://www.newcastleramblers.org.au) MEMBERS SECTION OR EMAIL [ramblerswalksofficer@gmail.com](mailto:ramblerswalksofficer@gmail.com)

**DW: Day Walk TW : Twilight Walk BP: Backpack: BR: Bike Ride CC: Car Camp**

21 <sup>st</sup> Nov	Thu	<b>TW – Newcastle East Historical Walk.</b> Optional Fish and chips after at Scratchleys.
23 <sup>rd</sup> Nov	Sat	<b>BR - Redhead to Swansea.</b> Via the Fernleigh track and back roads with a coffee stop in Swansea before returning via Pelican.(G3 /8km).
24 <sup>th</sup> Nov	Sun	<b>Breakfast Walk. Fassifern to Toronto</b>
28 <sup>th</sup> Nov	Thu	<b>TW- Green point (G3/7km/100m/ 2.5 hrs)</b> Walk from Valentine to Green point Reserve for evening snacks
25 <sup>th</sup> -27 <sup>th</sup> Nov	Sat-Sun	<b>BP Colo River via Dooli Ridge.</b> (G5) Explore surrounding Creeks, return same way.
30 <sup>th</sup> Nov	Sat	<b>DW – Birubi Beach to One Mile (G4/10km/50m/4hrs)</b> Coastal walk, beautiful coast scenery, over headlands, along small beaches, rock scrambling, swimming. Map: Morna Point.
1 <sup>st</sup> Dec	Sun	<b>PA Twilight Paddle. Newcastle Harbour.</b> Meet Carrington Boat Ramp 5:00pm. All craft welcome. Optional Dinner afterwards.
2 <sup>nd</sup> Dec	Mon	<b>Meeting- "What to keep in your Medical Kit" and Members Photos .</b> Optional Dinner before meeting at Central Charlestown Leagues Club. 6:00pm.
5 <sup>th</sup> Dec	Thurs	<b>TW- "Newcastle at War"</b> (G1/3km/100m) NCC walk to see various buildings and artifacts that relate to Newcastle's role in WW2. Optional dinner afterwards.
7 <sup>th</sup> Dec	Sat	<b>RAMBLERS CHRISTMAS PARTY .</b> Greta. From 6:00pm. Bring your food, drinks and a chair. BBQ available for cooking. Plenty of room for your tent or camper if you wish to stay over.
8 <sup>th</sup> Dec	Sun	<b>DW- Rocky Crossing (G3/16km/170m)</b> Return walk following the Williams River from the picnic area at the start of the Blue Gum Loop, up to Lagoon Pinch and

		back, plus some short detours. Maps Barrington Tops, Carrabolla, Chichester. Robert's Birthday Walk.
12 <sup>th</sup> Dec	Thurs	<b>TW- Glenrock SCA (Frogs).</b> (G3/6km/4hrs) Walk through Glenrock to beach for a picnic tea and waiting for darkness before exploring creeks for yellow frogs. Meet 6pm Burwood Rd, Carpark.
14 <sup>th</sup> Dec	Sat	
15 <sup>th</sup> Dec	Sun	
16 <sup>th</sup> Dec	Mon	<b>Final Meeting for 2019.</b> Bring a plate of nibbles to share. Optional dinner 6:00pm at Central Charlestown Leagues Club.
19 <sup>th</sup> Dec	Thu	<b>TW- Carrington Loop.</b> G1/4km Walk waterfront circuit walk from Newcastle Marina to Carrington and Maryville and back to Yacht Club. Optional Dinner at Yacht Club.
21 <sup>st</sup> Dec	Sat	
22 <sup>nd</sup> Dec	Sun	
25 <sup>th</sup> Dec	Wed	<b>Xmas Day – Public Holiday</b>
26 <sup>th</sup> Dec	Thurs	<b>Boxing Day – Public Holiday</b>
27 <sup>th</sup> -31 <sup>st</sup> Dec	Fri-Tues	<b>CC – Coolah Tops.</b> Another year at the Pines camping area. At 1100m we escape the heat. Cool days and pleasant nights. Plenty of walks and bike rides or just take it easy. Afterwards, some may want to join the Ramblers for New Year at Polblue. Map: Blackville.
28 <sup>th</sup> Dec	Sat	<b>PA. Southern Lake Macquarie.</b> Meet 8:00am. Bring Lunch. Return mid -afternoon.
29 <sup>th</sup> Dec – 3 <sup>rd</sup> Jan		<b>CC – New Year at Polblue.</b> Day walks.
29 <sup>th</sup> Dec	Sun	
31 <sup>st</sup> Dec	Tues	<b>New Years Eve.</b> TW – Bather's Way (G2/6km/100m/2hrs). Picnic dinner at Obelisk to watch Fireworks.
1 <sup>st</sup> Jan	Wed	<b>New Year's Day – Public Holiday</b>
4 <sup>th</sup> Jan	Sat	<b>DW Tanilba Bay to Lemon Tree Passage.</b> Meet 8:00am at Tanilba Bay Shopping Centre.
5 <sup>th</sup> Jan	Sun	
6 <sup>th</sup> Jan	Mon	<b>Ramblers Meeting.</b> "Ramblers Web Site and Facebook Page. – Information night. Optional Dinner 6:00pm beforehand at Charlestown Leagues Club.
9 <sup>th</sup> Jan	Thu	TW-Janes Walk – details TBA
11 <sup>th</sup> Jan	Sat	<b>BR- Fernleigh Track,</b> Adamstown Beach and return. G2/5km/60m/1 hr. Meet at Adamstown train station at 7:00am. Ride along the track, exit at Cowishaw St and ride down to Redhead Beach for optional swim/coffee. Return ride.
12 <sup>th</sup> Jan	Sun	<b>DW. Linfield Station to Roseville Bridge</b> and return via the "Two creeks Track". (G3/12km/250m/5-6 hrs) Explores Gordon, Middle Harbour, Moor Creek. Great water views, sandstone caves and heritage sandstone works. Map Paramatta River 9130-3N .
16 <sup>th</sup> Jan	Thu	<b>TW- Jesmond Park to Wallsend Brickworks Park.</b> (G2/5km/100m/1.5hrs) Walk to Jesmond Park via bush tracks to near John Hunter Hospital then along a ridge line. Stairs lead back to Wallsend Brickworks Park where there are BBQ facilities or bring a Picnic. Access to Brickworks Park is from Victory Pde, Wallsend. Start 5:30pm.
18 <sup>th</sup> Jan	Sat	<b>DW Caves Beach to Catherine Hills Bay.</b> (G3/ 6km/4hrs/100m) Great walk along the Coastline. Mostly on track, some rock-hopping, some beach walking. Swimming at large Rock Pool. Lunch at Catho Pub.
19 <sup>th</sup> Jan	Sun	

20 <sup>th</sup> Jan	Mon	<b>Meeting- 10" Safety Talk. " Avoiding and Managing Sun-stroke" followed by "The Grampians Trip". Speakers TBA</b> Optional dinner before meeting. Central Charlestown Leagues Club 6:00pm. Topic TBA
22 <sup>nd</sup> Jan	Wed	<b>TW- Marmong Pt. to Bolton Pt. (G2/6km/2hrs)</b> Starting at Marmong Foreshore 5:00pm, following the lake through National Park trails to Fennel Bay. Buy takeaway pizza or Malaysian or BYO. Car shuffle to Marmong Point for Dinner.
23 <sup>rd</sup> Jan	Thurs	<b>TW – Dudley Beach (G1) – Roz Kerr 4967 3167, 0407 643 844.</b> Beach walk, swim, fishing on the rising tide. Shayne will show you how to catch a fish! Relax with happy hour or picnic tea. BYO food, drinks, chair, fishing gear. Meet on the beach via Dudley Beach Road at 5:30pm.
25 <sup>th</sup> Jan	Sat	
26 <sup>th</sup> Jan	Sun	
27 <sup>th</sup> Jan	Mon	<b>Australia Day Public Holiday</b>
30 <sup>th</sup> Jan	Thu	<b>TW- Eraring. G1/ 2km/150m</b> Walk around the foreshore and the Power Station outlet channel. Bring Picnic tea. Map: Swansea.
1-2 Feb	Sat/Sun	<b>CC. Blackberrying at Nundle.</b> Travel to Nundle and camp either Caravan Park or Sheeba Dam. Pick berries in Hanging Rock area . Sat dinner at Country Club. Head home Sunday.
1 <sup>st</sup> Feb	Sat	
2 <sup>nd</sup> Feb	Sun	<b>BR. Hawkes Nest to Mungo Brush</b> and return. 40km round trip. Flat Tarred road suitable for all bikes. Meet at Lioness/Pelican park, Moira Parade, Hawkes Nest; 9:00am. Bring Morning tea. Picnic or takeaway lunch at Hawkes Nest.
2 <sup>nd</sup> – 4 <sup>th</sup> Feb	Sun - Tues	<b>PA Hawkesbury/Cowan Creek.</b> Camping. Details TBA.
3 <sup>rd</sup> Feb	Mon	Meeting – Guest Speaker TBA Optional dinner before meeting. Central Charlestown Leagues Club 6:00pm. Topic TBA
6 <sup>th</sup> Feb	Thu	<b>TW- Green Point Circuit. (G3/6km/100m/1.5hrs)</b> Walk from Bennetts Park to Black Jack's Point. Optional Picnic in Bennett Park afterwards.
8 <sup>th</sup> Feb	Sat	
9 <sup>th</sup> Feb	Sun	<b>DW. Fingal Bay to One Mile. (G3/12km/5hr/100m)</b> Beautiful Coastal Walk, some beach, some track, some Rock Hopping. Swimming. Maps Morna Point & Port Stephens.
10 <sup>th</sup> -20 <sup>th</sup> Feb		<b>Trip to Eastern Tasmania and Maria Island.</b> Expressions of interest.
13 <sup>th</sup> Feb	Thu	<b>TW- Ash Island. (G1/5km/1m/2hrs)</b> Easy walk exploring the western and northern trails of Ash Island. Look at the history, flora, birds, other fauna. Meet 5:30pm at the Information Board, Ash Island.
15 <sup>th</sup> Feb	Sat	<b>DW – Spoon Bay to Bateau Bay. (G4/8km/50m/4hrs)</b> Beautiful coastal walk in Wyrrabalong NP. Headland tracks and rock hopping over rock platforms depending on tides. Swim. Maps: Gosford.
16 <sup>th</sup> Feb	Sun	
17 <sup>th</sup> Feb	Mon	<b>Meeting- 10 Minute Safety Talk " Managing Risk with Steep Slopes and Loose Rocks" followed by Members Trip Presentation . TBA</b> Optional dinner before meeting. Central Charlestown Leagues Club 6:00pm.
20 <sup>th</sup> Feb	Thu	<b>TW- Maitland Walk.</b> Malcolm Mills
22 <sup>nd</sup> Feb	Sat	<b>DW. Watagans – Mt. Warrawalong. (G3/10km/200m)</b>

23 <sup>rd</sup> Feb	Sun	<b>DW- Glenrock.</b>
21st- 23rd Feb	Fri- Sun	<b>CC and PA. Kayak Self-Rescue Training Camp.</b> Camp at Violet Hill. Will also include 2-3hr Paddles around northern Myall Lakes.
27 <sup>th</sup> Feb	Thu	<b>TW-Merewether to Shepherds Hill</b> and return. (G1/5km/60m/1hr) Walk along Bather's Way from Merewether Surf Club, via beach front and Anzac Walk, and return. Optional dinner at Beaches Hotel. Meet Merewether Surf Club 5:30pm.
28 <sup>th</sup> Feb	Fri	<b>Cruise- River Boat Postman.</b> A very relaxed way of exploring the Hawkesbury. Train to Hawkesbury River then RBP ferry for a lunch cruise. \$58pp, \$48 concession. Numbers for booking by 17 <sup>th</sup> Feb.
29 <sup>th</sup> Feb- 8 <sup>th</sup> Mar		<b>BP-Tasmania.</b> A week walking in Tasmania's high country. G5. Limited numbers. Angela Begg
29 <sup>th</sup> Feb	Sat	
1 <sup>st</sup> Mar	Sun	
2 <sup>nd</sup> Mar	Mon	<b>Meeting.</b> Planning the April to July Program. Optional dinner before meeting. Central Charlestown Leagues Club 6:00pm.
3rd Mar	Tues	<b>TW- Stockton Coastal Walk.</b> G1/ 5km. Gentle stroll around Stockton Foreshore. Optional Dinner at Pub. Meet Stockton Ferry Terminal 5:30pm
7 <sup>th</sup> Mar	Sat	<b>DW – Dangar Island.</b> G1/2km/150m. Train and Ferry ride. Easy walk around the Island and lunch on the beach.
8 <sup>th</sup> Mar	Sun	<b>DW- Great West walk stage 1</b>
12 <sup>th</sup> – 15 <sup>th</sup> Mar		<b>Blue Mountains Music Festival.</b> Katoomba Bushwalking and Music.
12 <sup>th</sup> Mar	Thu	<b>TW- Tomaree Headland.</b> G3/4km/160m/1 hour. Walk to the top of Tomaree and return via the gun emplacements at Tomaree Fort. Optional dinner at Port Stephens Game Fish club in Shoal Bay.
14 <sup>th</sup> Mar	Sat	<b>DW- Birdie Beach to Catherine Hill Bay</b> (G4/10km/250m/5hrs). Coastal headlands, beaches, sea caves and swimming. Car shuffle. Map: Catherine hill Bay 92314S. Meet Belmont Maccas 7:00am .
15 <sup>th</sup> Mar	Sun	
16 <sup>th</sup> Mar	Mon	<b>Annual General Meeting.</b> Presentation of Reports and election of club officials. Optional dinner before meeting at Central Charlestown Leagues Club. 6:00pm
17th Mar	Tues	<b>TW- Redhead Lagoon</b> (G3/4km/2hrs) NB Redhead Lagoon is at Dudley, not Redhead! Walk around the Lagoon looking at the Plant and Animal life. Bring a torch. Meet at the Awabakal Centre, Boundary St; Dudley at 5:30pm. Optional dinner at a restaurant after.
21st Mar	Sat	<b>DW- Boat Harbour to One Mile.</b> (G3/8km/3-4hr) Mostly on track, some rock-hopping. Swimming, morning tea at café.
22 <sup>nd</sup> Mar	Sun	
26 <sup>th</sup> Mar	Thu	<b>TW- Murals of Wickham.</b> Visit the murals of Wickham & dinner at the Carrington Diner. Meet at Newcastle Interchange, Stewart Ave, Newcastle, at 5.30 pm.
27 <sup>th</sup> -28 <sup>th</sup> Mar		<b>Map Reading and Navigation Training Course.</b> Learn how to find your way in the bush using a map and compass.
28 <sup>th</sup> Mar	Sat	<b>DW. Stockrington SCA- Jewboy's Cave &amp; tunnels.</b> (G3/8km/5hrs) Visit the historic Bushranger Jewboy's Cave, old railway tunnels and dam. Meet Edgeworth Maccas 8am or Park Entrance 8:30am.
29 <sup>th</sup> Mar	Sun	
2 <sup>nd</sup> Apr	Thu	<b>TW- Wallsend to Speers Point.</b>
4 <sup>th</sup> Apr	Sat	<b>DW- Ash Island.</b> Bob Barber

5 <sup>th</sup> Apr	Sun	
6 <sup>th</sup> Apr	Mon	Meeting. <b>Club Auction. Dispose of your excess Rambling gear.</b> Optional dinner before meeting. Central Charlestown Leagues Club 6:00pm.

## Future Planned Activities.

NB. Activities outside of Australia are not covered by the Club's Insurance policy.

May 2020	Scotland – Glasgow, West Highland Way, Orkneys, Skye. Wait list only.
Thurs 9 <sup>th</sup> – Tues 14 <sup>th</sup>	CC – Newnes Easter Camp. 3 Cottages booked, first come, first serve. Fabulous walking area with walks to suit all ages and capabilities.
June 2020	England . Coast to Coast Walk
June 2020	BSAR Navigation Shield .
June – July 2020	Walking in the Cotswolds, UK A long distance walk covering the first third of the entire South West Coast path. 375 km. Minehead to St. Ives. Day pack only. Expressions of interest. Maximum 8 people.
July 2020	BP – Prince Regent Nature Reserve, The Kimberley, WA Commercial trip with Willis' Walkabouts. One of Australia's most remote and beautiful places. Fully Booked.
28 <sup>th</sup> Nov-6 <sup>th</sup> Dec 2020	BP- Kosciuszko NP. A week in the Jagungal Wilderness. Limited numbers. Expressions of interest.

## Non- Rambler Activities.

Ramblers are invited to participate in the se activities which are not official Rambler's events. The Club's insurance and policies and procedures do not apply.

May 2020	Silk Road from Iran tFly into Mashhad in NE Iran then travel for 7 weeks through the countries of Azerbaijan, Uzbekistan, Tajikistan ,Kyrgyzstan, Kazakhstan and China, ending in Xian. Expressions of Interest.
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